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SANIBEL & CAPTIVA ISLANDS, FLORIDA

SEPTEMBER 4, 2020

SEPTEMBER SUNRISE/SUNSET: 4 7:09 • 7:45 5 7:10 • 7:44 6 7:10 • 7:43 7 7:11 • 7:42 8 7:11 • 7:41 9 7:12 • 7:40 10 7:12 • 7:39

Registration Open For FISH 10K Virtual Race

The 10K Race 4 FISH Committee has opened registration for the 12th annual race in support of FISH of SanCap, this year in a virtual format. Registration is open through the Fort Myers Track Club at www.ftmyerstrackclub.com. Cost is \$40 for those who register before October 20, with prices increased to \$45 after October 20 at 11:59 p.m. Runners participate virtually through the RaceJoy app on their smartphones and log their time at any point from when they register through October 31.

While the race is a different format than usual, FISH is already seeing runners from across the country registering to lace up their running shoes in support of a great cause.

New incentives this year include a refund of registration fee to a runner if they fund raise \$250 or more (excluding processing fees) with funds going to FISH of SanCap.



Past race participants

photos provided

Additionally, for every five referrals a runner makes to others who sign up, they receive a \$20 discount (half-off). Also new is a "carb load" dinner, hosted by community



FISH of SanCap team at last year's race

partner, The Community House, on Friday, October 23. Dinner will feature grilled chicken breast with citrus notes, tomato pasta and vegetable bake, Chef Jarred Harris' homemade macaroni and cheese, salad and garlic bread, offered for dine-in

or car-side delivery. For reservations, visit the October calendar section at www. sanibelcommunityhouse.net.

"We are glad that the 12th annual race can take place despite the current situation.

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A loggerhead sea turtle nesting on the beach

Best Season Ever For Loggerheads

The year 2020 was a record-breaking nesting season for loggerhead sea turtles on both Sanibel and Captiva. As of August 26, the Sanibel-Captiva Conservation Foundation (SCCF) sea turtle

photo provided

team documented 659 nests on Sanibel, breaking the previous record number of 649 set in 2017. On Captiva, there are now 265 loggerhead nests, well beyond the previous record of 194 nests set in 2016

"This season's nest counts are very encouraging and are a testament to over continued on page 6

Refuge Manager Announces Retirement

Paul Tritaik, refuge manager for JN "Ding" Darling National Wildlife Refuge for the past 12 years, will retire on September 30 after 38 years of service.

"I have been fortunate to work with an outstanding staff, exceptional friends group, top-notch volunteers, superb concessionaire and a great supportive community on Sanibel," said Tritaik. "Together, we accomplished a lot, from land acquisition to habitat restoration to new and improved facilities to expanded education and wildlife-oriented recreation."

Tritaik began his career in September 1982 at Patuxent Wildlife Research Center in Maryland, working with bald eagles and Andean condors. He then worked at Okefenokee National Wildlife Refuge in Georgia as an outdoor recreation planner in 1989, where he helped run visitor services at that unique swamp wilderness.

In 1991, Tritaik transferred to start a new refuge, Bond Swamp National Wildlife Refuge, as refuge manager. Two years later, he took the position of refuge manager at Pelican Island National Wildlife Refuge, the first refuge in the entire



Paul Tritaik

file photo

system, on Florida's east coast. There, Tritaik restored the island, expanded the refuge and oversaw the centennial celebration in 2003. He also coordinated the establishment and growth of nearby Archie Carr National Wildlife Refuge, a sanctuary for sea turtles.

Tritaik was hired as refuge manager of "Ding" Darling in 2008. During his tenure at "Ding" Darling, Tritaik expanded the boundaries of the refuge and worked

continued on page 26



Families made banners and decorated their vehicles for the drive-through pep rally photos provided

Sanibel School Holds Pep Rally

submitted by Chris Demaras

The Sanibel School is back in session this week, with students adjusting to some changes to their learning environment, thanks to the pandemic. To add a little excitement to this non-traditional school year, the Parent Teacher Association (PTA), school leaders and teachers helped kick it off last week with a non-traditional event.

On August 26, the school's parking lot played host to a drive-through pep rally aimed at getting students and their families excited for the return to the classroom.

More than 100 cars lined up and rolled through the rally, making several socially-distanced stops along the way. Students received a warm welcome from newly-promoted Principal Jamie Reid and new Assistant Principal Jennifer Lusk. Dozens of teachers and school staff members lined the route to welcome the students back to the school for the first time since March.



The Schafer family

Treats were distributed – breakfast sandwiches provided by a Sanibel School family, and Organic Hawaiian Shave Ice from the crew at Joey's Custard. School shirts were sold, recreation center after school program applications were accepted, and food donations for the FISH food pantry were collected.

The highlight of the day was the car decorating contest. About half the families who attended the rally decorated their cars with themes ranging from back-to-school to beach scenes, covered in everything from rainbows to ribbons. The Schafer family, won the grand prize, a cruise for four to Cabbage Key, donated by Sanibel School families, the Randos and Junghans of Captiva Cruises.

School leaders expected about two-thirds of its enrollment – about 180 students – to be back in class for face-to-face learning on the first day on August 31. Those students arrived to find new safety protocols in place aimed to keep everyone safe and healthy. The other third of the students opted for home study.

Special thanks to parent Liz Abbott for stepping up and turning her creative idea into reality.



This family chose a canine theme



Teachers Alexis and Joseph Camputaro





SheSellsSeaShellsSanibel.com



Jeff Muddell, right, finishing his last marathon in Berlin, September 2019

photos provided

Local To Run Boston Marathon On The Island

Periwinkle Way will turn into a virtual version of the roads from Hopkinton to Boston on September 12, as one Sanibel resident brings a little bit of the Boston Marathon to Sanibel.

On September 12, Jeff Muddell will run 26.2 miles through the island as part of the 124th Boston Marathon Virtual Experience, joining more than 25,000 registered runners who will bring the world's oldest annual marathon to their home communities.

The marathon, annually held in April on Patriot's Day, was initially rescheduled for September due to COVID-19. Ultimately, the pandemic forced the legendary race to change course entirely in 2020, turning the event into a virtual experience.

Muddell will get an early start on Saturday morning to beat the heat, leaving the Dixie Beach Boulevard parking lot before sunrise around 5 a.m. His 26.2-mile route will take him south to Periwinkle Way, west to Lazy Flamingo at Santiva, east around Lighthouse Beach Park, then back up Dixie Beach to the parking lot on Dixie Beach, where his family will be waiting for him, equipped with an official Boston Marathon finish line, finishers tape and a medal furnished by race organizers.

For most of the past five years, since recovering from treatment for testicular cancer, Muddell has been chasing the goal of running all six of the World Marathon Majors – New York, Chicago, Boston, Berlin, London and Tokyo. Boston 2020 was set to be the final of these Six Star marathons, which would have been timed to celebrate five years cancer-free.

Muddell received his five-year clean bill of health from his oncologist a few weeks ago, but will have to wait on his Six Star marathon goal until 2021, when he hopes he will be able to run Boston



Jeff Muddell crossing the Tower Bridge in the London Marathon, April 2019

and Tokyo.

NBC-2's Story 2 Share, *The News-Press* and the social media accounts at Boston's Dana-Farber Cancer Institute have all featured Muddell's running story in recent months.

Muddell is not aiming to break any speed records in the Sanibel heat, and he has also been nursing a couple of injuries through the summer. He is aiming to finish the course in under five hours, running the final Dixie Beach stretch around 10 a.m.

To earn his spot in the Boston Marathon, Muddell has been raising funds for Dana-Farber, the world-renowned cancer center in Boston. COVID-19 cut short the fundraising efforts of the charity marathon team members, but Muddell says he will start fundraising again in the final months of 2020 to regain his spot at the start line in Boston in 2021.

To learn more about Muddell's running quest, visit FromCancerToWMM.wix. com/boston or @FromCancerToWMM on Instagram.



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Looking Back: Daisy Mayer

aisy Mayer was the matriarch of the Mayer-Dormer-Symroski island family.

Having vacationed here annually around 1917, the family decided to build winter homes here. Daisy and Ross Mayer's Sears & Roebuck House was completed in 1925. Tragedy struck in 1930 when Ross died, leaving Daisy to support the family. After raising the three children, Daisy sold the northern house and moved permanently to Sanibel. She was known to be a good fisherwoman and friend to all. Her relocated home is now the welcome center for the Sanibel

The Sanibel Historical Museum and Village, located at 950 Dunlop Road, next to BIG ARTS, is closed for the off-season and will reopen on October

Historical Museum and Village.

Regular hours are Tuesday through Saturday from 10 a.m. to 4 p.m. Guided tours take place at 10:30 a.m. and 1:30 p.m. at no additional charge, depending on docent availability. There is handicap access to the buildings. Admission



Daisy Mayer about to cook up some fast photo courtesy Sanibel Historical Museum and Village

is \$10 for adults over 18, no charge for members and children. For more information, visit www.sanibelmuseum. org or call 472-4648.☼

Share your community news with us, Call 395-1213 or email press@islandsunnews.com

Churches/Temples

BAT YAM-TEMPLE OF THE ISLANDS (Reform Jewish Congregation) Friday night Torah commentaries with Rabbi Stephen Fuchs at 7 p.m. at either www. batyam.org or Stephen Fuchs' Facebook page. Rabbi's coffee morning on Zoom Wednesdays, July 15 and August 12 at 11 a.m. Food and paper drive drop-offs Thursdays from 11 a.m. to 1 p.m. at Sanibel Congregational United Church of

Rabbi Stephen Fuchs, President Michael Hochschild, 917-561-7888. www.batyam. org, 2050 Periwinkle Way, 732-780-2016.

CAPTIVA CHAPEL BY THE SEA

Rev. Larry Marshall. Services every Sunday at 11 a.m. November 8, 2020 through April 25, 2021. 11580 Chapin Lane, Captiva, 472-1646.

CHAVURAT SHALOM

(Fellowship of Peace) Friday Shabbat services led by members at 6 p.m. Saturday morning Jewish current events at 11 a.m. Talks by members on topics of interest Thursdays at 11 a.m. Contact ChavuratShalom@gmail.com to participate on Zoom.

FIRST CHURCH OF CHRIST, **SCIENTIST**

The Christian Science Church of Sanibel-Captiva has suspended all services and events until further notice. The church Reading Room will also be closed. 2950 West Gulf Drive, 472-8684. SANIBEL COMMUNITY CHURCH

Offering a Blended Service at 9 and 11 a.m. through the end of June. Starting Sunday, July 5, Contemporary Service at 9 a.m. and Traditional Service at 11 a.m. in the Main Sanctuary. Now offering a "Masks Only" service via live stream at 9 and 11 a.m. in Fellowship Hall. View the Sunday Service online at sanibelchurch. com, 1740 Periwinkle Way, 472-2684.

SANIBEL CONGREGATIONAL **UNITED CHURCH OF CHRIST**

The Reverend Dr. John H. Danner. Sr. Pastor. The Rev. Deborah Kunkel, Associate Pastor. Livestream service at 10 a.m., www.sanibelucc.org, 2050 Periwinkle Way, 472-0497.

ST. ISABEL CATHOLIC CHURCH

Father Ed Martin, Administrator, Saturday Vigil Mass at 5 p.m., Sunday Mass at 8:30 and 10:30 a.m., Sunday May through October, 9:30 a.m. only. Daily Mass Wednesday, Thursday and Friday at 8:30 a.m. Holy Days. 3559 Sanibel-Captiva Road, 472-2763.

ST. MICHAEL & ALL ANGELS **EPISCOPAL CHURCH**

The Rev. Alan Kelmereit, Priest-in-Charge. Livestream service Sunday at 10:30 a.m., other services, meetings and events are suspended until further notice, www. saintmichaels-sanibel.org, 2304 Periwinkle Way, 472-2173.

UNITARIAN UNIVERSALISTS OF THE ISLANDS

Meets 5 p.m. on the second Sunday of each month from December through April at Sanibel Congregational United Church of Christ. A potluck is held at a member's home on the third Sunday of each month. ryi39@aol.com, 2050 Periwinkle Way, 433-4901.

Email changes to press@islandsunnews. com or call 395-1213.☼

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The Sanibel Beauties are on vacation.

Please call for an appointment.

We will be checking messages and reopen October 1st.

Your patience is greatly appreciated at this time

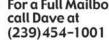
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Community House Events

he Community House is hosting a Labor Day Barbecue Social on Friday, September 4 beginning at 6 p.m. Reservations are required by calling 472-2155 or online at www. sanibelcommunityhouse. net. Temperatures will be taken and there will be social distancing. Masked required in common areas. Curbside delivery is also available. Cost is \$20 for members and \$25 for guests. Strawberry shortcake dessert is \$5 additional.



The Community House

photo by Logan Hart

Every Thursday at 1

p.m., Tommy Williams leads Living Life Current, an open forum discussion. All are welcome to discuss what is going on locally, nationally and globally. Suggested donation is \$5. Masks and social distancing required.

Aerobics with Mahnaz Bassiri is offered on Monday, Wednesday and Friday from 10:30 to 11:30 a.m. Participants can bring their own weights, \$5 suggested donation. Play the card game Hearts on Fridays at 1 p.m. Open to all levels, \$5 suggested

Grab a meal kit to go created by Chef Jarred Harris. Selections include homemade pasta and Caesar salad, vegetable macaroni and cheese, and cheese ravioli and tomato sauce. Includes all ingredients and recipe. Cost is \$20 with advance notice.

Deluxe meal kits to go include all ingredients, recipes and video links by Chef Jarred Harris. Options are: plant based – avocado salsa and tortilla chips, vegan tuna salad, and coconut ginger and lime crème brulee; gluten free – vegetable summer rolls and satay sauce, polenta and pesto lasagna, and triple chocolate brownies; vegetarian – sweet corn and zucchini fritters with sweet chili sauce, cauliflower macaroni and cheese, and chocolate banana and peanut butter mousse. Cost is \$40 with advance notice.

Camp to Go Shell Critter Kits are available for purchase or to ship. Choose four out of 13 critters for you to assemble. Cost is \$20 per kit, shipping is \$8 additional.

Camp to Go Art Kits are also available for purchase or to ship. There are eight different postcards to color and Zentangle. Sharpie and educational video link included. Cost is \$20 per kit; shipping is \$8 additional.

The Community House is located at 2173 Periwinkle Way. For more information, visit www.sanibelcommunityhouse.net or call 472-2155.

Bat Yam Temple High Holy Days Worship Schedule

Bat Yam Temple of the Islands High Holy Days worship services with Rabbi Stephen Fuchs and Cantor Murray Simon will be held virtually via Zoom with pre-registration required. Registration links will be emailed to congregants. All are welcome to join. Email batyamsanibel@gmail.com to request Zoom registration links. For more information, or to make a donation, visit www.batyam.org. The schedule is:

Selichot Conversation – Saturday, September 12, 7:30 to 8:30 p.m.

Rosh Hashanah evening service – Friday, September 18, 7:30 p.m.

Rosh Hashanah morning service – Saturday, September 19, 10 a.m.

Brief Tashlich service at noon. Shabbat Shuvah – Friday, September 25, 7:30 p.m.

Yom Kippur Kol Nidre – Sunday, September 27, 7:30 p.m.

Morning service, Monday, September 28, 10 a.m.

Congregants Hour will immediately follow the Yom Kippur morning service, featuring reflections from three

congregants. There will be a service of music and meditation at 4 p.m. featuring cellist Susannah Kelly and pianist Abigail Allison. A brief afternoon service begins at 5 p.m. followed by the Yizkhor/Memorial Service and the Nielah Service.

Bat Yam Temple of the Islands is a Reform Jewish Congregation serving Sanibel, Captiva, Fort Myers and surrounding communities.

Wait List For After School Program

ince reopening the City of Sanibel Recreation Center on June 8, the facility has operated consistent with the CDC recommendations for social distancing including a nine to one ratio of counselor to youth. At this time, 31 youth are registered for the recreation center after school program. Additional registrants are being placed on a wait list based upon the current number of counselors.

The city continues to accept applications for qualified counselors. Visit www.mysanibel.com/Departments/City-Manager-s-Office/News/City-of-Sanibel-Coninues-to-Recruit-Part-time-After-School-Recreation-Aides for more information.*



There Is A New Jewish Group In Town

submitted by Cheryl Fulmer

It is time to introduce Chavurat Shalom, a Jewish egalitarian group, to the island community. When one is faced with the COVID-19 lemon, one must try to make lemonade. No longer able to safely gather together to socialize, to learn, to conduct or attend services, a group of area Jews decided to take advantage of the available technology (Zoom) to forge a path to a new Jewish community. They created Chavurat Shalom to gather in casual settings to study, learn and celebrate our Jewish cultural heritage and religious traditions. Of course, when health risks lessen, arrangements will be made to actually meet together in person.

actually meet together in person.
Chavurat Shalom, which means
Fellowship of Peace, welcomes all those
from Sanibel, Fort Myers, and other
nearby locations – including visitors
to the area and the snowbirds who
traveled north – who seek to share
common interests and values in order
to enlighten and enrich their Jewish
lives. The Chavurah is not affiliated
with any Jewish organized movement.
It is not headed by a clergy person. It is
community-led; each participant has an
equal voice in the affairs of the group
and may participate to whatever extent
they wish.

Throughout the year, Chavurat Shalom has Friday evening Zoom Shabbat services at 6 p.m. led by Chavurah participants. Various volunteers sing and read meaningful selections. A participant offers a D'var Torah interpretation. On Saturday mornings at 11 a.m., Leonard Minsky moderates Jewish/Israeli current events that include such topics as anti-Semitism on college campuses and U.S. Jews' views about Israel. On Thursdays at 11 a.m., Chavurah participants and other invited speakers offer presentations. Past and future topics include Mordecai Kaplan, Treatment of Animals in the Bible, Cults, Jews in India, Women in the Bible, Kabbalah, and Spinoza.

Three special events are planned for September in recognition of the High Holy Days.

The Saturday evening before Rosh Hashanah is called Selichot. On Saturday, September 12 at 7 p.m., Rabbi James Rudin, a Chavurat Shalom participant, will lead a discussion via Zoom about the meaning of the upcoming Days of Awe titled What's Faith Got To Do With It? For those who wish to listen and join in, use the email address to request the Zoom link.

Thanks to a Pittsburgh connection, a special upcoming program will feature Rabbi Dr. Danny Schiff. On Thursday, September 17 at 11 a.m., by Zoom, he will speak about High Holy Days Without a Synagogue: Achieving Transformation Beyond Prayer. Rabbi Schiff is the foundation scholar at the Jewish Federation of Greater Pittsburgh

and the founder and president of the Museum of Jewish Ideas. He is a noted teacher and researcher in Jewish ethics. If you wish to listen and learn, use the email address to request access to the Zoom link.

There will be a special remembrance program on Sunday, September 27 at 11 a.m., via Zoom, to acknowledge those who were lost to us this past year as well as to remember those we always think about at this time of the year on our Jewish calendar.

In addition to the days and times of the regularly recurring programs, such as the participant-led Shabbat services, the new website (www. chavuratshalomofsouthwestflorida.org) includes the details of special programs, the new officers, committees and mission statement. In keeping with our participant-oriented philosophy, the logo heading for the website was designed by Leon Skolnick. Ellen Feingold and Myra Klahr also contributed original artwork focused on Judaism and peace. A poem composed by Myra Klahr entitled, Chavurat Shalom, is featured also.

All Chavurat Shalom programs are open to those who have an interest in being part of our Jewish community and wish to explore Judaism from an inclusive, engaged perspective. To sample what is available, request access to one or more programs by emailing chavuratshalom@gmail.com in order to receive a Zoom link invitation. Consider leading a Shabbat service, singing a prayer or sharing your special interest and knowledge on a Thursday morning; express your opinions at current events. Visit our website at www. chavuratshalomofsouthwestflorida.org.

There is more we would like to do that is creative, vibrant and meaningful to the Chavurat Shalom participants. Activities and events will be added for which we can recruit volunteers. Consider sharing your interest and knowledge, joining to put your stamp on the new Jewish community in Southwest Florida. Send a note to: chavuratshalom@gmail.com.

Chavurat Shalom of Southwest Florida wishes the entire community Shana Tovah, a good and healthy New Year. Focusing our hopes and prayers, may 5781 be a better year, a year in which communal gatherings for family, friends, prayer and celebration are again possible.

From page 1

Loggerheads

60 years of conservation work on Sanibel and Captiva, as well as the entire state of Florida and the surrounding waters," said SCCF Coastal Wildlife Director Kelly Sloan. "However, it's important to keep in mind that monitoring population trends based on nest counts is very complicated."

Sea turtles have complex lifecycles – females lay more than one nest per year and do not typically reproduce every year, so even when the population is stable, it's natural to see fluctuations in nesting from

year to year.

A 2019 review by Florida Fish and Wildlife Conservation Commission (FWC) revealed that there was no evidence for an increasing or a declining trend in the breeding female population from 1998 to 2018. The loggerhead population is still fragile, facing many threats, including bycatch in fisheries, habitat loss, pollution and climate change.

After the catastrophic red tide that occurred during the 2018 nesting season resulted in more than 100 strandings of loggerheads, there was concern that the number of adult turtles lost would have a negative impact on the 2020 nesting season.

Even though the 2020 nesting season is a record for the islands, many questions remain concerning the long-term effects of the unprecedented 2018 red tide event.

The sea turtle team is currently conducting a comprehensive research project to better understand how the 2018 bloom affects the health of the surviving turtles and whether they may transfer the toxins to their hatchlings.

Based on tagging data, 17 of the turtles SCCF's team encountered this year nested during the 2018 red tide. Nineteen turtles nested in 2016 and may be on a three-year remigration cycle, suggesting that they weren't nesting or in nearshore waters in 2018.

"We may yet even see more turtles from 2018 nesting in 2021," said Jack Brzoza, biologist. "We are cautiously optimistic that the record nesting will continue into the future and we're excited to see what awaits our islands in 2021."

To report any issues with nests, nesting turtles or hatchlings on Sanibel or Captiva, call SCCF's Sea Turtle Hotline at 978-728-3663.☼

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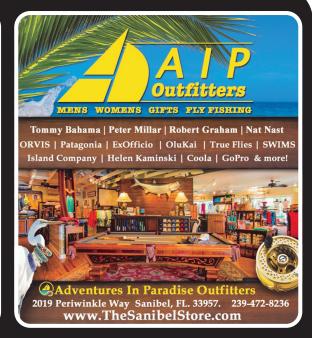
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OBITUARY

THOMAS JOSEPH DISPENZA

ommy passed away on August 23, 2020 after a short illness. Maria and Adam were there to kiss, touch, hug and tell him how much they loved him.

Tommy was the son of the late Joseph Thomas Dispenza and his wife, Rita Shaw Dispenza. He was born in Newark, New Jersey on February 5, 1948 and grew up in Irvington, New Jersey. After high school, he was drafted into the U.S. Army during the Vietnam War, and served for two years in Korea. He was promoted to sergeant and was honorably discharged in

He returned home to New Jersey and began a long career in the automobile business: mechanic, flipper, detailer, restorer, award-winning Volvo salesman, sales manager, and owner of Dispenza Motors, in Long Branch, New Jersey He loved cars, especially the cars of his youth, when every year's model was a new design and completely different than the year before. That's when he could name the make, model, year, engine size, horsepower... even what color interior you

Tommy and Maria married on February 10, 1973 and remained in love and devoted to each other for 47 years. They were each other's best friend. Their son, Adam, was born June 19, 1985 and instantly became the light of Tommy's life. He was completely besotted with his son, involved in everything having to do with Adam. The outstanding man Adam has become is, in a very large part, due to Tommy's devotion, attention, guidance, dedication, and his total and unconditional love.

Tommy, Maria and Adam moved from Middletown, New Jersey to Sanibel Island in 1992 after vacationing on the island many times. For Maria, it was love at first sight. For Tommy, the feeling wasn't quite that strong; he liked it. But Maria wanted only Sanibel, so Tommy made it happen.

He created The East End Deli in 1993 on Sanibel, with a menu of sandwiches and subs he liked, and was sure everyone else would too. He added black beans and rice and the Cuban sandwich, recipes passed down from Maria's Cuban family.

These were an instant hit and became the deli's claim to fame. Tommy, without any food service experience whatsoever, launched this venture knowing that he and Maria would work so hard that it could not, would not, fail. He was right.

The deli was sold in 1997. Then they built their island cottage and moved in the following year. After 9/11, Tommy went to work for Homeland Security. He was a TSA agent at Southwest Florida International Airport for almost eight years. He retired from the TSA in 2010 at age 62. He loved retirement and said he was not bored for one single day, just thankful that he had made it after working hard for many years.

If you knew Tommy, you valued his directness, his honesty and high regard for the truth. He was opinionated, but open-minded, willing to listen and change his mind. He cultivated a tough guy exterior but was really soft and sentimental. He had a big personality and was a take charge kind of guy. He was loving and gentle and he lived for his family. Maria and Adam depended on him for everything and simply don't know what to do without him. His loss is devastatingly painful and has turned their world upside down.

Tommy could fix anything, whether it was cars, household repairs, appliances, impossibly broken things anyone would give up on. He was optimistic, happy, kind and very funny. He loved to "bust chops," Jersey style. He was witty and very smart, but his true genius was figuring out how to live very well without a lot of money. He was the master. He got incredible deals on everything and was willing and eager to share his knack for getting bargains with friends and family. He listened to his gut and lived by his wit and courage. He thought he was the luckiest guy in the world, and he loved his life and his family so much.

There's a group of heartbroken people that Tommy leaves behind. Besides Maria, Adam and Adam's future wife, Meghan, he leaves his inconsolable mother-in-law. Sonia, who loved him like a son; his sister Linda and her husband Vince, and their family; his sister Barbara and her family; his brother-in-law, Chuck, his wife Traci, and their children that Tommy was crazy about - the brilliant Jayden and the irrepressible Piper, who is crazy about him too. He also leaves dearest friends, Bill and Bel of New Jersey, Brooke and Dennis, Debbie, and many more friends, family and neighbors. His childhood friends from New Jersey - "the guys down the corner," many of whom have been his friends since grammar school, are mourning. He and Maria would visit with many of them in the summers down at the Jersey Shore. Those were the best times. Nothing but laughing and reminiscing. Finally, Tommy would want to mention his beloved cat, Rocky, who passed away recently and whose loss he was still grieving.

This was written as a tribute to Tommy, to share parts of his life and loves but it is in no way his whole story. There was so much more to this complex, loving and intelligent man. In that spirit, he would want to add his deepest wish for a record-breaking turnout for the election this November.

If he was here, he'd say to you, "Please vote. This is the most important election of

Tommy sent money to St. Jude Children's Reseach Hospital every month. If you would like to honor his memory, please contribute to St. Jude's. He would

Turner Beach Park Closing For Construction

eginning Tuesday, September 8, Turner Beach Park will be closed to the public. Construction is scheduled to continue until November 6. Turner Beach Park will not be available for use during this construction project. The City of Sanibel apologizes for any inconvenience you may experience while this public improvement project is completed. Alternate public beach access can be found at Bowman's Beach Park, located at 1700 Bowman's Beach Road

The scope of the project includes the removal and replacement of the rip-rap revetment along the south side of the park, drainage improvements throughout the entire park, ADA accessibility improvements and dune restoration. The City of Sanibel has contracted with Thomas Marine Construction, Inc. to

perform this work. Lee County Tourist Development Council (TDC) is providing funding for this project.

If you have any questions, contact the City of Sanibel Community Services/ Public Works via email at sanpw@ mysanibel.com or call 472-6397.☆

City Labor Day Hours And Refuse Collection

The City of Sanibel administrative offices will be closed in observance of the Labor Day holiday on Monday, September 7 and will resume regular operating hours on Tuesday, September 8.

Refuse, recycling and vegetation waste collection by Advanced Disposal scheduled for Monday, September 7 will be one day later. The altered schedule will remain in place for the rest of the week. The normal waste collection schedule will resume on Monday, September 14. If you have any questions, call Advanced Disposal at 334-1224.

The Sanibel Recreation Center will be closed in observance of the Labor Day holiday on Monday, September 7 and will resume operating hours on Tuesday, September 8 from 8 a.m. to 5 p.m. The facilities currently open are the weight room, lap swim and tennis courts. The center now has an online reservation system. At this time, to comply with CDC COVID-19 recommendations and social distancing protocols, all use of the recreation center is by appointment only. The online system allows members to make reservations eight days in advance. To request your unique username and password, email charlotte.durand@ mysanibel.com or call 472-0345.

Due to the pandemic, the following programs are currently not being offered: group classes, personal training, open swim, pool slide, water features pool, playground, skate park, locker rooms or showers, room rentals and open gym.

Center 4 Life remains closed due to the COVID-19 pandemic.☆

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Give Your Landscape A Late Summer Lift

by Melinda Myers

Thether it is the hot weather, the age of your landscape or simply the need for change, a late summer makeover can help you increase your landscape's beauty. Put the "wow" back into your garden with a few new plantings, garden art, or other simple improvements.

Many established landscapes have a few or many overgrown plants. Sometimes the plants you purchase perform better than expected or oftentimes we try to squeeze too many plants into a garden or too large of plants into small spaces.

Remove overcrowded plants that have outgrown the space or lost their ornamental appeal. Replace these and other unsightly plants with those more suited to the growing conditions, your landscape design and available space. Now is a good time to plan and fall is a great time to plant trees, shrubs and perennials. The soil is warm and air cool, making it less stressful on new plantings.

Phase in removals and replacements over time. This is easier on your budget, back, and will keep your landscape looking robust. And be sure to properly space plants to avoid overcrowding in the future. Check plant



Garden art can fill in late summer voids or create a focal point in the garden

photo courtesy www.melindamyers.com

tags for the plant's mature size and plant accordingly.

Fill in the voids between new plantings with annuals and perennials. As your shrubs increase in size, you will need fewer annuals each year. Move perennial flowers and grasses to a new garden as your shrubs reach full size. Perennials are much easier to move than an overgrown shrub.

A bit of pruning may be all that is needed to bring back the beauty and reduce the size of overgrown plants. Make a note on your calendar to do a bit of pruning at the right time. Prune spring flowering shrubs right after they bloom. They have already set their flower buds for next spring and pruning now will eliminate the spring floral display. You can prune summer flowering shrubs during their dormant season from fall through spring. Prune evergreens in colder climates in late winter or early spring once the worst winter weather has passed. Fall pruning where winters are brutal can lead to an

increase in winter damage.

Replace tired annuals in the garden and containers with fresh plants suited to the upcoming fall season. Don't be afraid to add dried materials to existing planters for added color and texture. Or create new container gardens to set by the front door and welcome guests. These also make great fillers in the garden. Just place the container in a spot where an existing plant has failed. You will benefit from the instant color and extra time you gain to plan for a permanent replacement.

Garden art is another option for filling those late summer voids in the garden. Or use it to create a focal point, drawing attention to areas that are looking their best.

Adding a few new cushions on your outdoor furniture can further enhance your landscape's appeal. It is an easy way to change things up with minimal investment of time and money.

Big or small, a few changes can make a big difference. Tackle a few of the easier ones or those with the biggest impact first. Once you get started, you will not want to quit.

started, you will not want to quit.

Melinda Myers is the author of
more than 20 gardening books,
including Small Space Gardening.
She hosts The Great Courses How to
Grow Anything DVD series and the
nationally-syndicated Melinda's Garden
Moment TV and radio program. Myers
is a columnist and contributing editor
for Birds & Blooms magazine. Her
website is www.MelindaMyers.com.



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Plant Smart

Coastal Doghobble

by Gerri Reaves

ative coastal doghobble (Leucothoe axillaris) is a loosely branched evergreen shrub with attractive arching branches. Its natural habitat is damp woods, swamps and floodplains.

A member of the heath family, it is also called swamp dog-laurel, pipestem and fetterbush.

It has a moderate growth rate and prefers partial to full shade, reaching a height of two to six feet and an equal width.

The alternate lance-shaped or ovate leaves are leathery, measure two to five inches long and have pointed tips. In the colder months, the foliage can turn reddish or purplish.

Drooping racemes of white fragrant springtime flowers appear in the leaf axils, the flowers at the base opening first.

The showy small flowers are urn- or bell-shaped and often pink-tinged.

Use this long-lived shrub as a groundcover or border in a moist well-drained spot with acidic soil. In good conditions, it forms thickets.

It lacks salt tolerance, has little drought tolerance and is not suitable for the southernmost portions of the state.

The fruit is a dark brown rounded capsule.



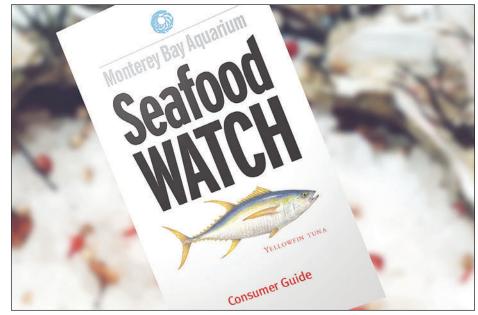
Native coastal doghobble produces showy urn-shaped flowers photo by Gerri Reaves

Propagate it with seeds and cuttings. The odd common name refers to hunting dogs' habit of getting tangled in the foliage.

Sources: *Native Florida Plants* by Robert G. Haehle and Joan Brookwell, *The Shrubs and Woody Vines of Florida* by Gil Nelson, https://edis.ifas.ufl.edu, www.flawildflowers.org, www.fnps.org, and www.wildflower.org.

fnps.org, and www.wildflower.org.

Plant Smart explores the diverse
flora of South Florida.



Monterey Bay Aquarium's Seafood Watch guide

What Is Sustainable making re Here a take wher Be pre

submitted by Sam Lucas, Coastal Watch

Seafood?

The word sustainable is used often, but have you heard this referenced when speaking about seafood? Sustainable seafood is seafood that has been caught or farmed in a way that supports productive fisheries and has minimal environmental, economic and social impacts.

The demand for seafood is growing, but the supply is not – fish are being taken out of the ocean at a rate that is not scientifically advisable. Overfishing, illegal fishing, bycatch and habitat destruction have set our oceans on a path of decline. Worldwide, there are regulations in place to combat these issues, but they are often poorly enforced.

Changes can begin to be made on the individual level. Consumers can make a difference by finding out where their fish comes from, how is it caught, and by

photo courtesy Monterey Bay Aquarium

making responsible, ocean-friendly choices. Here are a few steps that everyone can take when consuming seafood:

Be prepared. Print a Seafood Watch guide from the Monterey Bay Aquarium's website, or download the app for your smartphone to determine sustainable choices in your region. This guide provides recommendations for best choices, good alternatives and species to avoid.

Ask questions. Do not be afraid to ask the source of the seafood, how it was caught, if it is sustainable, etc.

Eat seafood less often, and eat smaller portions.

Eat low on the food chain. Avoid large, predatory fish most of the time – they're the least sustainable and contain more mercury than smaller fish.

Eat local, or catch your own. Part of the Sanibel-Captiva Conservation Foundation (SCCF) family, Coastal Watch creates and implements conservation initiatives that promote and improve the future of marine resources and the coastal heritage. For more information, visit www.sancapcoastalwatch.org or email coastalwatch@sanibelseaschool.org.

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A Beautiful Addition To Your Pollinator Garden

Thile the name doesn't make it sound too pleasant, sneezeweed (Helenium amarum), is a showy wildflower that can be a great addition to any pollinator garden (and doesn't cause sneezing). Sneezeweed can grow in a variety of soils from dry to wet and prefers full

This wildflower can be impressive if planted in mass, blooming prolifically in late summer to early fall but would also be good to plant with other wildflowers as pictured here with blue porterweed (Stachytarphetajamaicensis) as it does die back after blooming and going to seed. Sneezeweed seeds itself easily, so it can be guaranteed to pop up year after year.

Stop by the Sanibel-Captiva Conservation Foundation (SCCF) Native Landscapes & Garden Center on Tuesday or Thursday from 10 a.m. to 3 p.m. to view the demonstration pollinator garden that features sneezeweed. Located at 1300 Periwinkle Way on the grounds of the historic Bailey Homestead Preserve, the garden center offers plenty of room for safe, social distancing.

Contactless deliveries and curbside pickup continue. On-island deliveries and curbside pickup are made on Wednesdays from 2 to 3 p.m. Place

Recreational Gray Triggerfish Season Reopens

he recreational gray triggerfish season has reopened to harvest in gulf state and federal waters and will remain open through Sunday, October 25, closing to harvest on Monday, October 26. NOAA Fisheries has reopened

gulf federal waters because data indicates the recreational quota for gray triggerfish was not met when the fishery was open earlier this spring. The FWC is also opening state waters to be consistent with the federal season and to provide additional harvest opportunities for recreational fishermen.

The minimum size limit is 15 inches fork length, and the bag limit is one per

If you plan to fish for gray triggerfish from a private recreational vessel, you must sign up as a state reef fish angler (including those age 65 and older). An annual renewal is required.

To learn more, visit www. myfwc.com/marine and click on "Recreational Regulations" and "State Reef Fish Survey" under "Reef Fish." Sign up at no cost online at www.



Sneezeweed mixed with blue porterweed photo provided

your order online by midnight on Tuesday for pickup or delivery that Wednesday.

Email Garden Center Assistant Sue Ramos at sramos@sccf.org with any questions or requests.

SCCF members get their discount by entering promo code: SCCFMBR10.☆



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Explore Somewhere New



by Capt. Matt Mitchell

Then we needed to get away and unwind last week, we decided to look for something close to home and trailer a boat. After a little research, Manasota Key on Lemon Bay was our choice. I found a vacation rental house on the bay with a boat lift just across

the road from the beach. Rarely do I ever make it much further north on the water than Boca Grande and Gasparilla. So, being able to explore this new body of water while carrying over the same techniques to catch fish would be fun and relaxing.

During the first few days of our trip, the weather kept us inside until the effects of Hurricane Laura passed. We did sneak out for a few hours between the rain and got in some scouting getting the lay of the land. While throwing jigs inside Stump Pass, we found shiners on the grass flats. On the first decent weather day, we returned to these flats and caught lots of pretty baits.

We stayed around Stump Pass for the first few mornings and picked mangrove shorelines with moving current... just like we do at home. The amount of snook in this pass was amazing. Mangrove shorelines throughout Lemon Bay also
Sunrise in Manasota Key held snook, along with one nice redfish. Although

I badly wanted to get out on the beachside and fish some rock jetties up towards Venice conditions remained rough and just did not make it possible. Nevertheless, it felt good to stretch my legs and fish some new water.

The 1st annual Captiva Coastal Cleanup, hosted by Jensen's Marina, is scheduled for Saturday, September 12 from 8:30 a.m. to 12:30 p.m. with a



barbecue afterwards. The event coordinator is Capt Jimmy Burnsed. For more information and to RSVP, text 872-6383.

Capt. Matt Mitchell has been fishing local waters since he moved to Sanibel in 1980. He now lives in St. James City and works as a back country fishing guide. If you have comments or questions, email captmattmitchell@aol.com.

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CROW Case Of The Week:

Southern Flying Squirrel



by Bob Petcher

outhern flying auirrels (Ġlaucomys volans) are nocturnal animals that prefer to stay high in the trees and can glide up to 250 feet due to a special "parachute" flap between its

wrist and ankles.

At CROW, a neonate male southern flying squirrel, at an estimated week old, was admitted from Fort Myers after it reportedly fell from its nest and was orphaned. The young squirrel, weighing just 10 grams, appeared to be in good health with no significant findings upon examination.

Based on how this flying squirrel (was) presented to the clinic, it should have been left alone for a few hours to see if the mom would come back for it," said CROW Rehabilitation Manager Breanna Frankel.

"He is a healthy little boy who had been very well taken care of by his mom and likely just ended up on the ground from a big gust of wind or a storm. A week old may seem very young, but this species reaches adult size around 10 to 12 weeks old.



Patient #20-4089 during one of his supplement feedings

photo by Breanna Frankel

Due to its age and weight, the patient will not be released until it is more independent.

"At this point, we will not be reuniting this infant with its mom, and it will continue to be in care at CROW until it reaches release size. From this size, it will take six to eight weeks to grow up, learn to forage for food, learn to use natural hide homes - trees, branches, etc. - and fend for himself," said Frankel. "They are old enough to do this on their own at about eight weeks old, and he will be released into a group of flying squirrels

since they live in colonies.

In the meantime, CROW rehabilitation staff will provide supportive care and a proper feeding plan until the patient is old enough to be released. It is currently being fed a milk supplement every two hours throughout the day.

'We use an animal milk supplement that is designed specifically for wildlife. It comes in a powder form, and we mix it with water to create the milk formula - similar to making baby formula," said Frankel. "It has a certain ratio of proteins, fats and carbohydrates that benefits

wildlife and supports their metabolic/ nutritional needs. It smells like a vanilla milkshake but I'm sure it doesn't taste like one.

As the patient ages, solid food will be introduced.

The feeding schedule will change around two weeks old or when the squirrel hits 14 grams. At this point, the number of feeds will drop from seven to eight times a day to five to six times a day. His eyes will begin to open around four to five weeks old and the lower incisors will begin to emerge," said Frankel. "Once that happens, we will start to introduce a mash diet with milk to get him eating on his own. We will start more solids around the five week mark when the upper incisors are grown in.

The young squirrel is receiving great care... like all animals that come to

'He is doing well, eating seven to eight times a day, which we have spread out every three hours to provide more calorie coverage during the day/night. He is beginning to suckle a little better but has a long road ahead of him," said Frankel. "If treatment and care go according to plan, he should be ready for release in six to seven weeks or so.

CROW (Clinic for the Rehabilitation of Wildlife, Inc.) is a non-profit wildlife hospital providing veterinary care for native and migratory wildlife from our local area. The hospital accepts patients seven days a week from 8 a.m. to 5 p.m. Mail donations to P.O. Box 150. Sanibel, FL 33957. Call 472-3644 or visit www.crowclinic.org.\\\\





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Shell Of The Week

Brown-Tip Mangelia



by José H. Leal, PhD, Bailey-Matthews National Shell Museum Interim Director and Curator

Kurtziella atrostyla (Tryon, 1884) is a relatively common gastropod along both coasts

of Florida. Its elongate shell may have up to seven to eight whorls, reaches only about 9 mm (about 0.36 inch), and is decorated with eight to 10 axial (lengthwise) ribs and fine spiral ("across-shell") striations. The shell is white, with reddish-brown suture (area where two whorls join) and inner part of the aperture ("opening"). Read more about mollusks and their shells at www. shellmuseum.org/shell-guide and www. shellmuseum.org/blog.

The Bailey-Matthews National Shell is open from 10 a.m. to 5 p.m. daily. Holiday hours are noon to 4 p.m. Safety measures have been put in place, and staff and visitors are required to wear face masks.

Your gift helps ensure that our staff and animals remain healthy. To make a secure donation, visit www. shellmuseum.org.



The Brown-tip Mangelia, Kurtziella atrostyla, from Sanibel

The Bailey-Matthews National Shell Museum is located at 3075 Sanibel-Captiva Road. For more information, call 395-2233.☼

photo by James F. Kelly

From page 1

FISH 10K

We are anticipating more runner participation for the virtual 10K since the race can take place anywhere



image provided

at any time where all can be safe," said Diane Cortese, race committee chair. Participating runners will receive a dri-fit shirt with the Hortoon 10K logo on the front, as well as a matching face covering that will be mailed to them.

Funds raised through the 10K

race will benefit FISH of SanCap, the social services nonprofit that continues to meet the needs of islanders on a day-to-day basis and during disasters such as the current health crisis. FISH is experiencing significant growth in program usage, particularly the Helping Hands emergency financial assistance, food pantry and the Meals-by-FISH hot meal delivery program for housebound island residents.

For more information on FISH of SanCap, its programs and services, contact Alicia Tighe, executive director, at 472-4775 or visit www.fishofsancap.

org. For more information on the 10K race or if you are interested in sponsoring the virtual event, contact Diane Cortese at dianerc10@gmail.com.







World Shorebirds Day is September 6

Youth Activities Scheduled For Shorebirds Day

submitted by Nicole Finnicum

Torld Shorebirds Day is slated for Sunday, September 6 this year and is dedicated to celebrating shorebirds and their conservation. The mission of the designated day is to raise public awareness about protecting shorebirds, their habitats, shorebird research and to connect people with shorebirds around the world.

Each year, Sanibel-Captiva Conservation Foundation (SCCF) Shorebird Biologist Audrey Albrecht conducts surveys to monitor the local shorebird populations in Southwest Florida as part of the Global Shorebird Count that coincides with the annual

"It is important to count shorebirds to identify populations trends and abundance of different species, as well as to monitor any increases or declines in shorebird populations to inform future

conservation efforts," said Albrecht.

This year, she will conduct shorebird surveys, and Sanibel Sea School will also be involved by offering free, educational

activities on World Shorebirds Day. Sanibel Sea School Marine Science Educator Kealy McNeal will host a virtual game of shorebird bingo via Zoom on Sunday, September 6 at 11 a.m. McNeal is planning to begin the session with basic shorebird identification and then put participants' skills to the test with a game of virtual bingo.

This activity is designed for children ages 6 to 13. To register for shorebird bingo, email the names of the children participating to info@sanibelseaschool.

org.
To learn more about SCCF shorebird research and monitoring programs, visit www.sccf.org/our-work/shorebirds.\$\times\$

CHR Give Back Wednesdays Have Resumed

ommunity Housing and Resources (CHR) has resumed its fundraising Give Back Wednesdays. After a brief hiatus during the COVID-19 pandemic, organizers are busy helping island businesses on an every other Wednesday basis effective September 2. Eat, shop, sip and experience the ambiance and wares of your favorite local shops and restaurants while also supporting CHR.

"We have a fantastic lineup of businesses this fall," said Melissa Rice, executive director of CHR. "Something for everyone, all socially distanced and properly following CDC guidelines. You can place your order for pick-up or come in person. And a portion of the day's proceeds will be donated to CHR to support our island's affordable housing program.

ČHR's Give Back Wednesday locations and dates are as follows:

September 16 – TBA September 30 – TBA

October 14 – Bailey's Virtual Wine Tasting Event

October 28 – Adventures in Paradise November 11 – Paper Fig Kitchen November 25 – Joey's Custard

CHR has been hit hard with the pandemic. Residents in over 30 CHR households were furloughed, laid off or had significantly reduced hours during the peak season and throughout the summer. With bills mounting and no income, many residents needed CHR's assistance, and now, CHR needs yours. With your support of Give Back Wednesdays, CHR

will be able to continue to provide aid to those residents in need during these unprecedented times.

To find out more about CHR or to donate directly to the organization, visit www.sanibelchr.org. Subscribe to the newsletter to receive updates on Give Back Wednesdays and CHR. ��

BIG ARTS Workshops **And Seminars**

IG ARTS is offering the following workshops and seminars in

Glass Fusing with Petra Kaiser — Wednesdays, Öctober 7 through 21 from 9:30 a.m. to 12:30 p.m. Members \$74; nonmembers \$93.

BIG ARTS Community Chorus Rehearsals with Ellen Whitten – Tuesdays, October 13 through December 8 from 6 to 8 p.m. Members \$82; nonmembers

Glass Fusing with Petra Kaiser Wednesdays, October 28 through November 18 from 9:30 a.m. to 12:30 p.m. Members, \$74; nonmembers, \$93.

Beginner Pastel with Donna Filomio - Thursday, October 29 from 9 a.m. to noon. Members \$85; nonmembers

BIG ARTS box office is open from 9 a.m. to 3 p.m.

Call 395-0900 or stop by the BIG ARTS Center at 900 Dunlop Road to enroll. Preregistration is recommended. For complete course descriptions and the full season's workshops and class schedules, visit www.bigarts.org/ workshops, or email info@bigarts.org.\$



The Community House Mint





by Resident Chef Jarred Harris

riginating in Europe, Asia and Africa, mint is an herbaceous plant that is a member of the Lamiaceae family. It has been around for thousands of years and often used as a symbolism of hospitality. In the Middle East, mint tea is offered to guests when they arrive. In ancient Greece and Rome, mint was rubbed on furniture to welcome visitors and clear the air.

There are over 600 varieties of mint grown around the world. The most common garden variety in America is spearmint. Spearmint is also known as savory mint and is mostly used in cooking. The second most popular variety is peppermint, also known as sweet mint. Peppermint is used mostly in gum, teas, mouthwash and beauty aids. The United States produces 70 percent of the world's peppermint and

Mint gets its name from the Greek mythical character Menthe. According

to the Greek myth, Menthe was a river nymph that Hades (the god of the underworld) fell in love with. Persephone, Hades' wife, found out about it and turned Menthe into a plant, so people would walk over her and crush her. Hades was unable to break the spell, so he gave Menthe an amazing aroma, so he could smell her and be near her when people walked on her.

Mint contains the essential oil menthol, which gives it the "mint" aroma. Mint also contains vitamins A, C and B2 as well as calcium, magnesium, zinc and copper.

Here is a simple salad recipe for you to try:

Pea, Pepper And Mint Salad Dressing

1 tblsp. honey

Juice and zest of 1 lemon

6 tblsp. extra virgin olive oil

1 tblsp. cider vinegar

 $\frac{1}{2}$ tsp. salt $\frac{1}{4}$ tsp. freshly ground black pepper Ingredients

2 cups frozen peas (defrosted and pat

1 yellow pepper (finely diced)

1 carrot (grated)

2 tblsp. fresh mint (chopped) Method

In a large bowl, whisk together the honey, lemon zest and juice, olive oil, vinegar, salt, pepper and mint. Add the peas, peppers and carrots then toss well to coat.

Serve dressed salad over mixed salad

Resident Chef Jarred Harris heads

the Culinary Education Center at The Community House on Sanibel. For volunteer opportunities or

questions, contact him at kitchen@ sanibelcommunityhouse.net or call 472-2155.[‡]

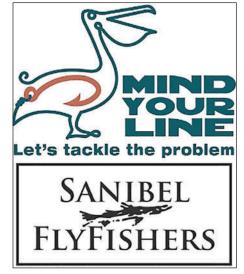
Fly Fishers Group Sponsoring Mind Your Line Program

anibel Fly Fishers, a 501(c)3 nonprofit affiliate of Fly Fishers International, is sponsoring Mind Your Line this year.

"Our club of over 100 members are enthused about partnering in this important endeavor," said Sanibel Fly Fishers President Pete Squibb. "Our members are on the waters of Sanibel on a daily basis, and we feel our membership can add significantly to meeting our mutual goals of educating folks of the hazards of cast-off fishing line to wildlife and the environment. We're glad to have the opportunity to help give back to the local community through this program."

Mind Your Line is a collaborative group of conservation organizations, including Sanibel-Captiva Conservation Foundation (SCCF) and Sanibel Sea School, Clinic for the Rehabilitation of Wildlife (CROW), "Ding" Darling Wildlife Society, JN "Ding" Darling National Wildlife Refuge and City of Sanibel.

The group's mission is to reduce the harmful impacts of monofilament and other fishing gear on wildlife and the marine environment. Volunteers install



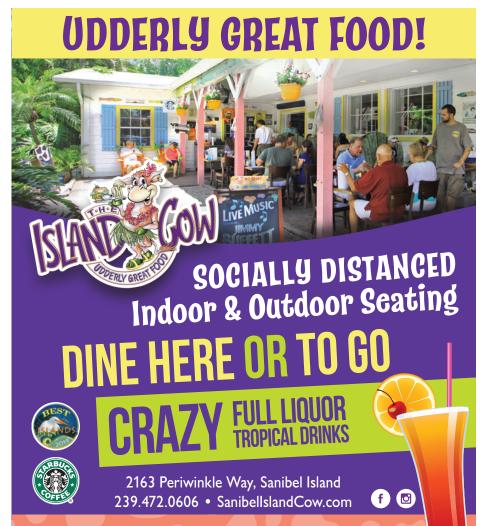
monofilament collection bins on Sanibel and Captiva and collect the monofilament to be recycled properly.

The partnership is a natural fit and it goes beyond funding," said Sanibel Sea School Director Nicole Finnicum, a Mind Your Line representative. "We are so thankful for their support.

Funds from the Sanibel Fly Fishers will help purchase new monofilament bins, help repair existing bins and purchase materials for the group's volunteers that work to monitor and empty the bins.☼



(next to Island Cinema • Corner of Periwinkle Way and Tarpon Bay Road)



Library Offers Mobile Hotspots And Portable WiFi

anibel Public Library is open for normal hours and contactless curbside service continues. Call 472-2483 or visit www.sanlib.org to place a hold, and you will be notified when your items are ready for pickup. At this time, there will not be overdue fines assessed.

The library's newest service is Mobile WiFi Hotspots, which allow users to connect enabled devices to the Internet. The devices can help children connect to virtual classrooms, adults search for job opportunities and families keep in touch using email, Skype, FaceTime, or Zoom calls. The hotspots are a great option as an Internet backup service for a small business or home, just as the high-speed WiFi has been a lifesaver for patrons when their Internet service is disrupted.

There are 10 portable hotspots that are loaned for 14 days; one device per library card. Borrowers are asked to return the devices to the service desks, instead of the book drops. A cable to recharge the device and instructions are included. The mobile hotspots are a pilot project funded in part by the Sanibel Public Library Foundation, as part of its investment in innovative technology.

'We would like to have feedback after patrons borrow the devices for this pilot project," said Sanibel Library Executive Director Margaret Mohundro. "Part of



From left, staff Margie Klein, Deanna Evans, Wendy Lambrix, Maureen Tesoro and Duane Shaffer dressed as suffragists for the centennial of the 19th amendment photo provided

the mission at the Sanibel Public Library is to bridge the technology gap, and help give people more opportunities through connectivity. The library hopes to help complement online learning in schools, as libraries have traditionally supplemented students' access to learning through books and other educational resources." Since the pandemic has shifted many students to remote learning, reliable connectivity to the digital world has become even more essential.

The library's public access computers, copiers, scanners and printers are available, and precautions are in place

to help protect staff and patrons from COVID-19. Patrons have to maintain social distance inside the building and wear masks (except for children under age 6). Library staff is implementing safety and sanitizing procedures consistent with the CDC and State of Florida Department of Health guidelines.

Stop by to see Barb Walling's display of award-winning shell craft. She has won numerous blue ribbons and Best of Show awards in the annual Sanibel Shell **Festival**

Youth Services Librarian Deanna Evans has created online videos, available

on the library's Children's Page at www. sanlib.org/children. Hear her sing, tell silly jokes, and see her read stories aloud in her online Storytime videos. Ms. Deanna's Baby Bounce Time videos are a fun session to help to build literacy skills through stories, song and movement. August 26, 2020 marked the 100th

anniversary of the 19th amendment. Library staff curated a collection of books and DVDs on women's voting rights to mark the centennial, and even dressed up as suffragists on the anniversary. Stop by or place a hold on a book or DVD to

The library is open Monday and Thursday from 9 a.m. to 8 p.m., Tuesday, Wednesday and Friday from 9 a.m. to 5 p.m. and Saturday from 9 a.m.

to 5 p.m.

For back-to-school resources, the library offers access to Encyclopedia Britannica from home. Search its vast collection of primary sources, web resources and a world atlas. Adults and children can look up subjects by keyword, or browse among topic areas and biographies.

Patrons can use a library computer to complete the 2020 census. There is no library card required to use computers. If you need help, ask staff for assistance.

Sanibel Public Library cards are available to all residents of Sanibel and Lee County at no charge. Visitor library cards are available for a \$10 annual fee. For more information, call 472-2483 or visit www.sanlib.org. Sanibel Public Library is located at 770 Dunlop Road.



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Classic Blue Is The Pantone Color Of The Year

by Trinette Nelson

ach year, → Pantone releases their highly anticipated Color of the Year. This year, classic blue has been chosen the best annual hue. Its deep, dreamy

shade is serving as inspiration for many homeowners and design professionals.

If you're looking to incorporate this popular color into your home this year, here are some tips to keep in mind:

Use it as an accent. Classic blue is one of the darker, duskier shades of blue, which makes it an ideal accent color. Because it is of a deeper hue, you may not want to paint an entire room this color. Instead, consider using it to draw your eye to a specific location. For instance, painting one wall in the bedroom is a great way to incorporate this elegant color

without making a room feel too dark.

Similarly, you can easily add classic blue into the accessories around the home, from throw pillows and blankets to curtains and rugs. The best thing about blue is that it complements many colors and styles. No matter if you're trying to achieve a beach, classic or modern theme, this shade of blue can be seamlessly incorporated into your existing style.

Where does blue work best? Different shades of blue can be added to any room of your choosing, but this deep hue lends itself best to be incorporated in living spaces like your main room and bedrooms. Classic blue is a calming and peaceful color and can make your space feel both inviting and tranquil. Your guests will feel relaxed by adding these accents in your living room, but using this color in your bedroom can instantly calm your mind when you need to sleep or relax.

Paint for permanence, accessorize for fun. When it comes to incorporating classic blue in your home, it's up to you where and how you want to use it. If you're ready for a big change in one of your spaces, painting with blue can make a statement and instantly transform a room. If this is the case, complementing classic blue with white accessories and furniture is a great way to modernize and refresh an outdated space.

If you like to change up the decor in

your home often or with the seasons, incorporating blue with accessories is likely better suited to your preference. Don't hesitate to mix and match shades of blue accessories while using the Pantone Color of the Year as inspiration. Lighter hues complement the dark shades for a visually pleasing combination of accessories.

Of course, you can also incorporate classic blue in your furniture. From a statement lounge chair with a bold print to a family sectional in a cozy solid, these pieces will be both functional and eye-catching when upholstered with this elegant shade of blue.

Incorporating such a deep and dreamy color in your home may feel intimidating if you're not sure about where it would be best suited. Before taking the leap and purchasing the paint, it's best to call in some professional assistance to create a clear plan. An expert in color and design can help you tastefully incorporate this popular shade in your home.

Trinette Nelson is an interior designer on Sanibel/Captiva Islands and can be reached at trinette@coindecden.

com.₩

Captiva Community Panel Update

he next meeting of the Captiva Community Panel will be held as a Zoom webinar on Tuesday, September 8 beginning at 9 a.m. Participants will be able to hear and see all the discussion and ask questions in writing via the question-and-answer feature, but you will be muted unless unmuted by the chair or host.

This meeting is open to all interested islanders and visitors. Information and background documents are available online at www.captivacommunitypanel.

September Captiva Erosion Prevention District (CEPD) Meetings:

September 3, 1 p.m. - Board Briefing Meeting: Budget Workshop

September 10, 5:01 p.m. - Tentative

Budget Hearing September 14, 1 p.m. – Regular Board Meeting September 21, 5:01 p.m. – Final

Budget Hearing

Links and instructions for all virtual meetings can be found at www.mycepd. com/board-meetingsand www.mycepd. com/thursday-workshop.

International Coastal Cleanup
September 19 – The debris that is on the shorelines and in the waterways is more than a blemish to the environment, it is a public health threat as well as a serious danger to ocean ecosystems. Keep Lee County Beautiful (KLCB) asks you to help make a difference by volunteering on International Coastal Cleanup Day, Saturday, September 19 from 9 a.m. to noon. You can register online at https:// klcb.org/coastal-cleanup.html.

This is the world's largest, single day volunteer effort to clean up the marine environment. This will be the 31st year that KLCB has hosted the event in Lee





BEST BEACH FOOD TO GO



From The Pen Of 'Ding' Darling

ne day after the death of President Theodore Roosevelt on January 6, 1919, Jay Norwood "Ding" Darling published this cartoon, titled The long, long trail, in memory of a man he greatly admired for his conservation ethic. Darling, himself, often preached conservation in his political cartoons, which appeared on the front page of the Des Moines Register and were syndicated in hundreds of newspapers

across the county. His 50 years of cartoon work won him two Pulitzer Prizes and a position as the head of the U.S. Biological Survey, which later became the U.S. Fish & Wildlife Service. In full circle, that agency today oversees the refuge that bears Darling's name.

The Island Sun is celebrating the 75th anniversary of JN "Ding" Darling National Wildlife Refuge by publishing some of Darling's editorial cartoons.

Watch future Island Sun issues for this monthly feature. For more information about the refuge's 75th anniversary celebration, visit www.ding75.org.



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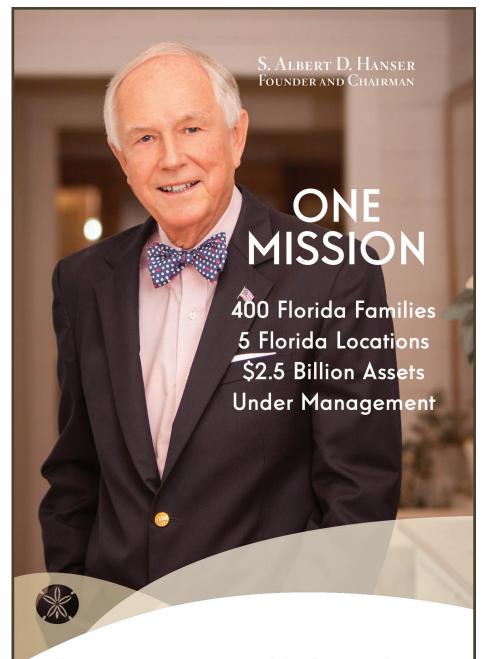
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Beef Sliders with Avocado Salad and Pickles

pound ground beef

1 avocado, diced small

House Pickles

1/4 cup plain Greek yogurt

1 tablespoon apple cider vinegar 2 tablespoons all-purpose seasoning, divided

Slider condiments (mayonnaise, mustard, ketchup)

8 mini buns or slider rolls

Sea salt and fresh ground pepper, to

Preheat grill to medium-high. In a small bowl combine diced avocado, yogurt, vinegar, and 1 tablespoon all-purpose seasoning. Mix thoroughly and store in refrigerator until ready to use. Season ground beef with 1 tablespoon all-purpose seasoning and mix thoroughly. Form into 8 (2-ounce) patties and season with salt and pepper. Place onto grill and grill for 3-4 minutes per side, depending on the desired internal temperature. Remove from heat and assemble burgers with avocado salad and Florida House Pickles as desired. Serve immediately.

House Pickles

8-10 cucumbers, sliced 1/4-inch thick

3 cups water



Beef Sliders with Avocado Salad and Pickles photo courtesy Fresh From Florida

2 cups apple cider vinegar

1 teaspoon sugar

1 bunch fresh dill

3 cloves garlic

20 peppercorns

1-2 tablespoon sea salt

In a large pot combine the water, vinegar, sugar, and salt. Bring to a boil over medium-high heat long enough to dissolve the sugar and salt. Remove from heat and set aside. Fill three mason jars with 1 garlic clove, 5-6 peppercorns, 2-3 sprigs fresh dill, and sliced cucumbers. Avoid packing the cucumbers tightly to allow room for brine mixture. Carefully pour brine into each jar, covering the contents completely. Allow to cool to room temperature before securing with lid. Once cool, store in refrigerator for up to 4 weeks.

Fresh tip: Once all the pickles have been eaten the brine can double as a great chicken marinade.☆

PUZZLES

Answer on page 39

	8	5			7		2	
		6		2				1
9			6			5	4	
	7				8	3		
		1	5					4
2				6			9	
		7			2			6
	1			4		7		
5			1				8	

To Play Sudoku: Complete the grid so that every row, column and every 3x3 box contains the numbers 1 through 9 (the same number cannot appear more than once in a row, column or 3x3 box.) There is no guessing and no math involved, just logic.

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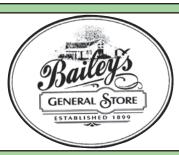








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2nd Floor End-Unit Recently-remodeled Lighthouse Point #229 has modern décor, bright white custom kitchen, easy-care floors, brand-new master shower. & 2 open terraces viewing bay & beach. \$712K



Near-Beach Lot In Sanibel Bayous at 4566 Buck Key Rd, this parcel faces south. Clam Bayou & Bowman's Beach are convenient, as are Sanibel School, Rec Center, & Wildlife Refuge. \$149K



Build Olde-Florida-Style Tropical parcel near entrance of Island Woods handy to community pool/tennis shared with just 38 owners. Just of Periwinkle, close to bike path & shopping too. \$199K





Gulf-Facing 2 Bedroom Plus Den in Small Complex White Sands at 2311 West Gulf Dr has just 14 owners. Weekly rentals allowed here so opportunity for income to help pay the way. On 2nd floor near elevator, #23 features cool beachy décor with wood-look tile floors. Separate den near entry with sleep sofa provides 3rd sleeping area. View above from expansive beachside balcony. \$1.199M furnished & with bookings



Top-Floor Privacy Tarpon Beach #207 at 2475 West Gulf Dr is gulf-facing end-unit with high ceilings, natural side light, new kitchen/baths, covered parking, & 2 exterior storerooms. \$999K



East-End On-Site Rentals Sandalfoot at 671 East Gulf Dr is a 60-unit pool/tennis community. #2D2 is 2nd floor gulf-view updated 2-bedroom end-unit with great bookings. \$659K fully-equipped



Tropical Oasis At 200 Periwinkle Way, Lighthouse Point #117 is Sanibel's lowest-priced 3-bedroom condo. Convenient east-end ground-level end-unit in residential community. \$549K



Condo Near Bowman's Beach Blind Pass #E101, 5117 Sea Bell Rd. close to Clam Bayou & this beach. Onsite rental office, pool, tennis, canoe/kayaking. Ground-level splitplan 2 bedroom with patio. \$499K



Sanibel's Boating Peninsula Mariner Pointe at 760 Sextant Dr has fishing pier, dockage, canoe/kayak launch, pools, tennis, deeded beach access. #522 is remodeled 2nd floor 2 bedroom. \$484.9K fully furnished



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Valentine



by Di Saggau

Praise for Valentine by Elizabeth Wetmore has been extremely favorable. For example, here's what Elizabeth Gilbert, author of City of Girls, one of my favorite novels, has to say.

"It is nearly impossible for me to believe that Elizabeth Wetmore is a first-time novelist. How can a writer burst out of the gate with this much firepower and skill? Valentine is brilliant, sharp, tightly wound and devastating. Wetmore has ripped the brutal, epic landscape of West Texas out of the hands of men and has handed the stories over (finally) to the girls and women who have always suffered, survived and made their mark in such a hostile world." That alone shouts "better read it."

The novel explores the lingering effects of a brutal crime on the women of one small Texas oil town in the 1970s. Odessa is on the cusp of the next great oil boom. The men embrace the coming prosperity, and the women know and fear the violence that is sure to follow.

violence that is sure to follow.

Early morning on Valentine's Day,
14-year-old Gloria Ramirez, who was
beaten and raped, shows up on the front
porch of Mary Rose Whitehead's ranch
house, barely alive. While her assailant,
Dale Strickland, is sleeping off the night's

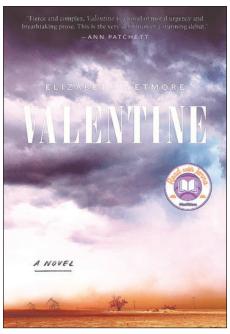


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brutality in his truck, Ramirez manages to creep away across the Texas desert barefoot, before he wakes up and kills her.

Whitehead is a pregnant ranch wife alone with her daughter while her husband is away. After finding Gloria, and then seeing Strickland's truck zooming toward her house, she reaches for her rifle. Strickland is from a well-respected family, and Gloria is a young Mexican girl and the small town is racist.

Valentine is about how women without much education or money negotiate a culture of masculine brutality. Wetmore does not spare details in her portrayal of this town's moral standards. She carefully sketches out a complex network of females and how they absorb, ignore, justify and resist this assault against a young woman. *Valentine* is a thrilling and thoughtful novel.

School Smart



by Shelley M. Greggs, NCSP

Readers,
Problemsolving skills are
very important for
children to learn.
Knowing that they
have the ability to
solve problems gives
children (and adults)

increased self-confidence and self-esteem as well as increased critical thinking skills. Learning how to face one's problems is a powerful stimulus for intellectual growth. Over the next few weeks, I will be sharing some great strategies for parents to use to teach problem-solving skills to their children from www.biglifejournal.com so that you can help your children learn these important skills.

Playing offers your child lots of problem-solving opportunities. Finding a lost toy, choosing someone to play with, deciding who gets to go first – these are all moments of practice. Unstructured play, or free play, is particularly impactful. Without set guidelines, children have the freedom to create, discover and establish their own rules

Here are a few ideas to suggest for unstructured play: include all types of artwork, crafts, sewing. Another example of unstructured play includes imaginative games like dress-up, building with boxes, pillows and blankets, and making music with pots and pans. Outdoor playtime collecting bugs and rocks, stargazing and climbing are also great unstructured activities

Reduce structured activities if you need to make time for unstructured play and don't be afraid to let your child get bored. Boredom spurs on creativity and imagination.

Encourage flexible thinking. Many children struggle with rigid, inflexible thinking and have difficulty going with the flow, taking another's perspective, or shifting their attention. Building cognitive flexibility should begin early in life and will help them be more flexible. When children know there are choices and options from a young age, they begin to see all the possibilities.

Strategies to introduce flexible thinking into your child's life could include changing the daily routine in a small way or giving them a chance to choose between two things. Use brainstorm techniques to help solve simple family issues.

Children learn best when they see the adults in their lives thinking flexibly as well. So, the next time something doesn't go as planned, give your internal thoughts a voice and speak to the issue. It could be as simple as saying, "I forgot to buy bread so we will have to have soup for lunch," to a more significant issue about family situations or work.

Another very important strategy to help continued on page 28





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Eight Tips For Protecting Your Skin From The Sun



by Julie Rosenberg, MD

kin cancer is the most common cancer diagnosis. It's also the most preventable cancer. Most skin cancer is caused by damage from the sun's ultraviolet (UV) rays.

Did you know that the sun's UV rays can damage your skin in as little as 15 minutes?

Many of the more than 5.5 million skin cancer cases that are diagnosed annually in the United States could be prevented by protecting skin from excessive sun exposure and not using indoor tanning devices. The most common form of skin cancer diagnosed in the U.S. each year is basal cell carcinom, with an estimated 4.3 million cases. The second most common form of skin cancer is squamous cell carcinoma, with more than one million cases. The most serious form of skin cancer is melanoma. According to the American Cancer Society*, in 2020, about 100,000 new cases of melanoma will be diagnosed in the U.S. and approximately 6,800 people will die from this disease.

At least one in five Americans will

develop skin cancer by the age of 70. Thus, the risk of skin cancer for all adults is significant, especially for those living in the Sun Belt, the region in the United States that stretches across the southern and southwestern portions of the country from Florida to California.

By following these eight tips, you can enjoy the outdoors while protecting your skin from the sun:

1) The most effective method of sun protection is avoiding exposure to sunlight by seeking shade or staying indoors, especially between 10 a.m. and 4 p.m., when the sun's UV rays are the most harmful.

2) Always use a broad-spectrum sunscreen and lip balm that protects against both UVA and UVB radiation. UVA rays sink deep into the skin and are responsible for unwanted dark spots, fine lines and wrinkles, while UVB rays cause sundurn

3) Your sunscreen should have a sun protection factor (SPF) of 30 or more. Apply about one ounce (an amount that fills the palm of your hand) 15 to 20 minutes prior to going out in the sun. This will allow the sunscreen to fully bind to your skin. Wear sunscreen even on cloudy days, since UV rays can pass through clouds.

4) Reapply sunscreen every two hours and even more frequently if you are sweating heavily or if you go swimming. When you are on the beach and in or near the water, keep in mind that UV rays can bounce off surfaces like water and sand, leading to an increase in UV exposure.

5) Sunscreen should always be used with other forms of sun protection. Even

with proper sunscreen use, some UV rays still get through. Wear sunglasses with lenses that have 99 percent to 100 percent UV absorption, a wide brim hat that shades your face, neck and ears, and clothing made of tightly woven material with long sleeves. You may also consider wearing clothing that is made with special sun-protective materials, as the most effective protection against the sun is the protection that you wear.

6) Children tend to spend more time outdoors, can burn more easily and may not be aware of the dangers. Therefore, it's important to educate children about the effects of the sun and to protect them when they are outdoors. Childhood sunburns may increase the risk of melanoma later in life.

7) Infants younger than 6 months of age should be kept in the shade and protected from the sun by wearing a hat and protective clothing. Use of sunscreen is not recommended under 6 months of

8) Avoid sun lamps and tanning beds. Many people believe that the UV rays of tanning beds are harmless. Not true. Indoor tanning devices can emit UV radiation in amounts 10 to 15 times higher than the sun at its peak intensity. Indoor tanning has also been shown to increase the risk of developing squamous and basal cell carcinoma, and melanoma.

In summary, excessive exposure of the skin to sunlight can lead to many negative effects, such as sunburn, premature skin aging and skin cancer development. Avoiding the sun during peak hours, as well as good skin protection through the use of sunscreen and protective clothing

will significantly help to mitigate risks.

*Cancer Facts and Figures, 2020.

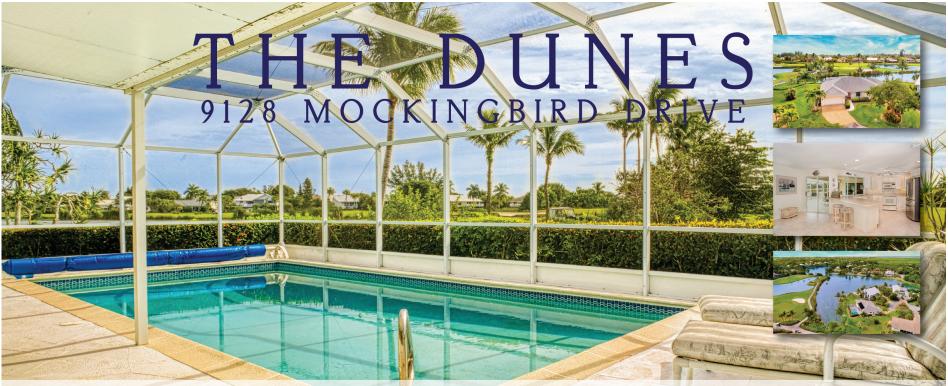
Julie Rosenberg, MD, is a global healthcare leader, medical consultant and the author of two books, Beyond the Mat and Be True. For more information, visit her website at www.drjulierosenberg.com. For consulting and speaking requests, email your inquiry to info@drjulierosenberg.com.*

Island Water New Board Member

Island Water Association, Inc. has appointmented Don Rice as the newest member of its board of directors. Rice and his wife, Joyce, have lived on Sanibel since 2001.

Rice served as a senior vice president of the Ingersoll-Rand Company before his retirement from the firm in 2004. His career included assignments in human resources, leadership of the company's Asia-Pacific and Latin America operations, global business services, and corporate communications and public affairs. He currently serves as a trustee and vice president of the Sanibel-Captiva Conservation Foundation (SCCF), co-chair of the BIG ARTS Board of Directors and is a member of Sanibel-Captiva Kiwanis Club. He also serves as the fleet captain and chair of the human resources committee of the Captiva Island Yacht Club.

Rice will complete the current term of Kenneth Kouril, who recently announced his resignation from the board of directors.



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SCCF Thanks Volunteers For Record Season

anibel-Captiva Conservation Foundation (SCCF) is in the fourth month of sea turtle season and 109 volunteers have already spent countless hours protecting sea turtles on Sanibel and Captiva. They wake up before dawn to patrol the beach for new crawls, check existing nests and inventory nests after they hatch.

Sea turtle volunteers are authorized under Florida Fish and Wildlife Conservation Commission (FWC) permits to screen and stake nests, monitor nests daily throughout incubation and inventory the nest contents three days after hatch to evaluate success rates.

"A record-breaking year translates to more work and longer days, and our volunteers have enthusiastically taken



Volunteers get up at the crack of dawn to patrol the beaches photos provided

on this increased workload," said SCCF Coastal Wildlife Director Kelly Sloan. "We are very fortunate to have such



Volunteer checking a staked off nest

a passionate and dedicated team. We couldn't do it without them.' Visit www.sccf.org.☆



Volunteer doing an inventory of a nest that has hatched

From page 1

Retirement

with the "Ding" Darling Wildlife Society and Lee County to acquire over 170 acres on Sanibel and Captiva (Wulfert, Woodring). He oversaw the wetland restoration of over 200 acres of marsh and mangrove habitat (Bailey Tract, Alligator Curve). He also added many improvements to the Visitor and Education Center, Wildlife Education Boardwalk (between The Sanibel School and Indigo Trail) and Birding Observation Platform (on Wildlife Drive). In 2019, Tritaik was assigned on a long-term detail with the U.S. Fish & Wildlife Service's regional office in Atlanta, where he worked to expand and enhance access to hunting and fishing to refuges throughout the

'It was my dream to work for the U.S. Fish and Wildlife Service and an honor to work at some of the most

exceptional and historic places in the refuge system," said Tritaik. "To work on Sanibel the last 12 years and raise our son here has truly been a blessing for me and my wife. We appreciate all of the support we have received over the years, and we look forward to continuing our friendships in this one-of-a-kind community." Tritaik said that he and his family will continue to live on Sanibel after retirement and participate in community activities as well as natural resource conservation endeavors.

Kevin Godsea, who has been serving as acting refuge manager during much of Tritaik's regional detail, will continue to serve in that position until a new permanent manager is hired. "Paul has been an exceptional colleague and friend, we thank him for his dedication and commitment to conserving the resources, and preserving our country's rich conservation heritage. We wish him and his family a happy, long and healthy retirement," said Godsea.



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Rotary Happenings

submitted by Cindy Carter

That is a Rotaract club? Straight from the www. rotary.org website, "Rotaract clubs bring together people ages 18 and older

to exchange ideas with leaders in the community, develop leadership and professional skills, and have fun through service." Never heard of it? Neither have many other people, including Rotarians, and including Chris Wells.

Recently, we were fortunate enough to have a guest speaker from "across the pond." Our Sanibel-Captiva Rotary president, and first prime minister, Richard Green, met Chris Wells when he was a speaker at a President Elect Training Seminar (PETS) this past year in Orlando. Wells is the founder and past president of the Rotaract Club of Market Harborough in England. He has been instrumental in the promotion of Rotaract and Rotary throughout the U.K. and now throughout the world The two hit it off, having the same funny accent.

Wells spoke to us with incredible energy, for a 7 a.m. breakfast meeting, about what Rotaract clubs are and what in the world is DoGoodery?

It all started for Wells when he was



Chris Wells

photo provided

in his mid-20s. He had finished college, gotten the obligatory job relating to his major and then wasn't sure what was next. He assumed he was to live happily ever after as it was always portrayed to him. However, he felt a great hole in his inner being, a lack of sense of purpose and meaning. He spoke to a friend, who happened to be a Rotarian, and his friend recommended he search out a Rotaract club. OK, so now he knows it's a club related to Rotary. And then?

What he eventually found was a group of younger people that share the same values, the values of DoGoodery. People doing good just for the sake

of helping others, making the world a better place. They find purpose and meaning in serving others. He found that Rotaract and Rotary go hand in hand, supporting each other in various ways. The life experiences of Rotarians, with the energy of Rotaract members, could accomplish bigger and greater

Wells feels so passionate about this for three reasons: One, while the world is falling apart, finding people who want DoGoodery and surrounding yourself with them is good for the soul. Two, there is a very large increase in mental health and loneliness amongst millennials even while they are the most "connected" generation ever. This gives them a place to meet others with similar values, while doing good. Three, in 2030, many clubs will have the median age of 70-plus, and clubs need younger people to continue with our DoGoodery in the world. Three very strong reasons why Rotaract clubs are becoming so popular again.

Keep your eyes open, encourage new, younger members to our local Rotaract clubs, help revive our local Rotaract clubs, adapt to the "new normal" of today. DoGoodery, it's what we do in Rotary, it's what we need in the world.

The Sanibel-Captiva Rotary will continue to meet by Zoom meetings until further notice on Friday mornings at 7:30 a.m. You may arrive as early as 7 a.m. to chat with other members. To be included, call Rotary at 472-7257.☆

American Legion Post 123 Is Open

merican Legion Post 123 has reopened and is following all safety guidelines. There are daily specials as well as half-pound burgers, served from



11 a.m. to 8 p.m.
Post 123 is located at mile marker 3 on Sanibel-Captiva Road, open Monday through Saturday from 11 a.m. to 9 p.m. and Sunday from noon to 9 p.m. For more information, call 472-9979.

Top 10 Books

- 1. The Book Woman of Troublesome Creek by Kim Michele Richardson
 - 2. The Order by Daniel Silva
- 3. The Lions of Fifth Avenue by Fiona Davis
- 4. Trouble in Paradise by Jennifer
- 5. The Lehman Trilogy by Stefano Massini
 - 6. Faster by Neal Bascomb
- 7. Vanessa Yu's Magical Paris Tea Shop by Roselle Lim
- 8. Sunset Beach by Mary Kay Andrews
- 9. The Margot Affair by Sanae Lemoine
- 10. Florence Adler Learns to Swim by Rachel Beanland



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Who Can Serve As Your Personal Representative?



by Craig R. Hersch, Florida Bar Board Certified Wills, Trusts & Estates Attorney; CPA

Tames," a widower, sat in my office as we prepared his will together. "My sons don't have the time or expertise to serve as my executor, so I'd like to name my friend, Oliver, in that role.

'So, Oliver isn't related to you?" I asked.

"No," James replied.

"Where does Oliver live?" I asked.
"In Atlanta," James said.
"Unfortunately, he won't qualify to serve under Florida law," I advised. You can name a friend, but they must be residents of

Florida at the time of your death in order to qualify as your personal representative, which is what we call an executor here."

"What about my nephew, Hector?" James asked. "Does he have to be a resident of Florida to qualify?

"No," I answered. "A nephew will qualify no matter where he lives."

"Even if he lives in Costa Rica?"

'Yes, even if he lives in Costa Rica," I laughed. "Is that where Hector lives?"

"He enjoys it there, and he got in some trouble here, so that's why he moved there,"

"What kind of trouble?" I asked.

"It's kind of a long story, and he's a good kid, but he has a record now."

"If he's a convicted felon, he won't qualify as your personal representative," I said.

"This is getting harder than I thought," James said, rubbing his chin.

Florida law is fairly open with who can serve as the personal representative of your probate estate under your will. Any Florida resident will qualify, no matter the relationship to you. Certain relatives will always qualify so long as they haven't been convicted of a felony, or are mentally or physically unable to perform the duties.

Those relatives include any child or legally adopted child, someone related by lineal

consanguinity to you, a spouse, or a brother, sister, uncle, aunt, nephew or niece, or anyone related by lineal consanguinity to any such person. Moreover, a spouse of a person who would otherwise qualify may also serve as a personal representative. Consanguinity means "blood relation" and is defined as the quality of being descended from the same ancestor as another person.

So, under Florida law, your nephew's spouse who lives in Singapore will qualify as

your personal representative but your best friend from Ohio will not.

A personal representative has broad powers relating to the assets of the estate. They can sell homes, liquidate investments, and change the bank and investment accounts into their name as the personal representative of the estate during the course of the administration. This makes it easy to abscond with the assets, leaving the decedent's creditors, beneficiaries and taxing authorities holding the proverbial empty bag.

The theory behind Florida law is that a Florida resident would be subject to the jurisdiction of the Florida courts, and if they were to commit any fraud, they would have to answer to the court. As far as relatives, I suppose the theory is that a decedent has a right to name a family member (who is related either by blood or marriage) to serve in this important role.

Most wills indicate that the "personal representative shall serve without bond." Probate courts, however, are free to impose a bond on personal representatives, and frequently do. The size of the bond is usually relative to the size of the estate under administration. A \$200,000 bond may cost the estate \$300 or so annually, but this bond protects the creditors and beneficiaries from a dishonest personal representative.

When you move from another state to Florida, this is another reason to update your legal documents. The parties you may have named in your former home state may not qualify to serve here.

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From page 22

School Smart

children build problem-solving skills is to teach them that it is OK to make a mistake. Children who fear making mistakes or failing are less likely to tackle their own problems and would rather not try than risk embarrassment.

As parents, it's critical that we teach our children that success includes making mistakes. Talk with your child about how making mistakes give us an opportunity for learning. Here is one way to discuss this topic. Simply ask them if they have made any mistakes across the day, how they felt about it and what they learned from it. Share what mistakes you made as well and your own learnings. Praise them for trying to do something and for realizing that they

have learned something new from their mistakes.

It's easy to fall into the trap of fixing our children's problems. It's quite normal to want to shield them from hurt and struggle and, sometimes, it's just so much easier to do it ourselves. But don't rush in. Give your children the chance to learn how to handle failure. It's important.

Shelley Greggs is adjunct faculty at Florida SouthWestern State College, where she teaches psychology and education courses. She is also a nationally certified school psychologist and consultant for School Consultation Services, a private educational consulting company. Questions for publication may be addressed to smgreggs@gmail. com. Not all questions submitted can be

How's The Market? Ask Ann

Keeping you posted on what's happening in Sanibel's Real Estate market – Lots of GOOD NEWS!! Going back 7 days, our MLS system reported 13 new pending sales; 9 homes, 3 condos and 1 vacant lot.

Inventory levels continue to drop. Just 102 single



Ann Gee Broker/Owner

John Gee

family homes on the market and 112 condominiums. In June of this year, there were 145 homes for sale. In the last two months, 57 homes were reported as closed sales through our MLS system. The average price negotiated off the listing price continues to be 6%. Average marketing time is between 5-6 months.

To bring added value to both Buyers and Sellers, I review various segments of the market every week. This week, let's look at the canal market. Currently, 21 canal homes are on the market, priced from \$859,000 to \$2,749,000. The median price is \$1,148,990. Conditions affecting prices are numerous, including age of home, size, access to the gulf, views, seawalls, sun exposure, etc. This year, 32 canal homes have reported as closed on the MLS. The median sales price was \$990,000. The average sales price was \$1,066,023.

If you are interested in this market and have questions, call or email me. We are very familiar with the majority of homes for sale in this category.

Thank you for reading my newsletter, Ann

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Frankly Speaking



by Howard Prager

ocial justice and sports. Throughout modern history, certain athletes and now certain leagues – have taken a stand, such as happening today. The Milwaukee Bucks decided

to postpone their playoff game last Wednesday night after the shooting of Jacob Blake in nearby Kenosha. This was followed by many others doing the same in the NBA, WNBA, MSL, MLB, NHL, NFL and even tennis. The NBA and WNBA have taken the most public stands on Black Lives Matter after the death of George Floyd. The shooting of Jacob Blake stoked the flames of possible injustice and, whether we agree with it or not, athletes want to exercise their platform, popularity and pocketbooks to make a statement that this is not acceptable. They are so frustrated in not knowing what to do that LeBron James and Chris Paul consulted former President Obama for advice. He advised them to finish the postseason. Which the NBA and most other leagues did on Friday.

The list of postponed games could fill this column. Several MLB games were cancelled Wednesday night and even more on Thursday. In a powerful moment Thursday in New York at Citi Field where the Mets and Marlins were to play, the Mets defense took the field and then the remaining players for both teams came out of their dugouts for a moment of silence which lasted 42 seconds (Jackie Robinson's number). One player left a Black Lives Matter T-shirt at home plate, and then they all walked off the field.

Nine NFL teams canceled practice Thursday to focus on conversations about race, letting players and coaches to weigh in on what they can do to effect change. Pete Carroll, coach of the Seahawks, exhorted fellow coaches to step up on this issue

Five MLS games Wednesday night were postponed. "The entire Major League Soccer family unequivocally condemns racism and has always stood for equality, but we need to do more to take tangible steps to impact change. We will continue

to work with our players, our clubs and the broader soccer community to harness our collective power to fight for equality and social justice."

Tennis superstar Naomi Osaka was in tears about racial justice and announced Wednesday that she would not play in the Western & Southern Open semifinals at the moment, and they paused tournament play on Wednesday and Thursday, resuming on Friday.

The NHL's Stanley Cup Playoffs continued Wednesday with two games. However, the league opted to postpone two games scheduled for Thursday and two for Friday. "Black and Brown communities continue to face real, painful experiences. The NHL and NHLPA recognize that much work remains to be done before we can play an appropriate role in a discussion centered on diversity, inclusion and social justice." Before the start of Game 3 of the second-round series between Tampa Bay Lightning and Boston Bruins on Wednesday, there was a moment of reflection for racism in response to the Blake shooting.

That's a lot of attention, reflection and pause by every major league. We are living in unprecedented times in this regard. I looked back to previous times when it was only individual athletes who took a stand on this issue, most recently Colin Kaepernick. Muhammad Ali took a stand as a conscientious objector to the Vietnam War in 1967. Ali, then 25 years old and already a heavyweight champion, was arrested, convicted and appealed all the way to the Supreme Court. His license to box was suspended for three years and his title stripped at the height of his career. As a result, Ali was unable to box in the U.S. for the next three years.

Peter Dreier shared this early story of Jackie Robinson in The American Prospect last year on the 100th anniversary of his birth. "On July 6, 1944, Robinson – a 25-year old Army lieutenant – boarded a military bus at Fort Hood. Texas with the light-skinned wife of another black officer and sat down next to her in the middle of the vehicle. 'Hey you, sittin' beside that woman,' the driver yelled. 'Get to the back of the bus. Robinson refused, knowing that buses had been officially desegregated on military bases. When the driver threatened to have him arrested, Robinson shook his finger in the driver's face and told him, 'quit f***ing with me.' Two military policemen arrived and escorted Robinson away. He faced

trumped-up charges of insubordination, disturbing the peace, drunkenness, conduct unbecoming an officer, insulting a civilian woman and refusing to obey the lawful orders of a superior officer. Unlike the routine mistreatment of many black soldiers in the Jim Crow military, Robinson's court-martial trial triggered news stories in the Negro press and protests by the NAACP. Voting by secret ballot, the nine military judges found Robinson not guilty. By November, he was honorably discharged from the Army. Describing the ordeal, Robinson later wrote, 'It was a small victory, for I had learned that I was in two wars, one against the foreign enemy, the other against prejudice at home." Robinson viewed his sports celebrity as a platform from which to challenge racism.

Other baseball players have stood out for social justice, most noticeably Roberto Clemente, who was killed on a relief flight to earthquake-ravaged Nicaragua in 1972. He followed Robinson's example of speaking out on political and social issues. When Martin Luther King Jr. was assassinated on April 4, 1968, Clemente and his Pittsburgh Pirates teammates voted to sit out the opening game after Commissioner William Eckert left it to teams to decide whether to play or cancel games on the day of King's funeral five days later. "We are doing this because we white and black players respect what Dr. King has done for mankind," players said in statement. After players on other

teams followed the Pirates' lead, Eckert announced that the season openers would be held the day after King's funeral.

Hitler hosted the 1936 Berlin Olympics to prove Aryan superiority. Instead, it was America's Black athletes, led by Jesse Owens (four gold medals), Chicagoan Ralph Metcalfe (a gold and a silver), and Mack Robinson (Jackie's older brother with a silver medal) that showed excellence. In the 1968 Ólympics during their medal ceremony in Mexico City, two African-American athletes, Tommie Smith and John Carlos, each raised a black-gloved fist during the playing of the U.S. national anthem. Smith, Carlos and Australian silver medalist Peter Norman all wore human-rights badges on their jackets. In his autobiography, Silent Gesture, Smith stated that the gesture was not a "Black Power" salute per se, but rather a "human rights" salute.

What's going on today is not unprecedented. The number of leagues, teams and players who want to make their voices heard is what's different. At the time of Smith, Carlos and Ali's stand, they were all seen as radical moves. In hindsight, maybe they weren't. How will history look at what's happening today? Will we have racial justice? Only time will tell.

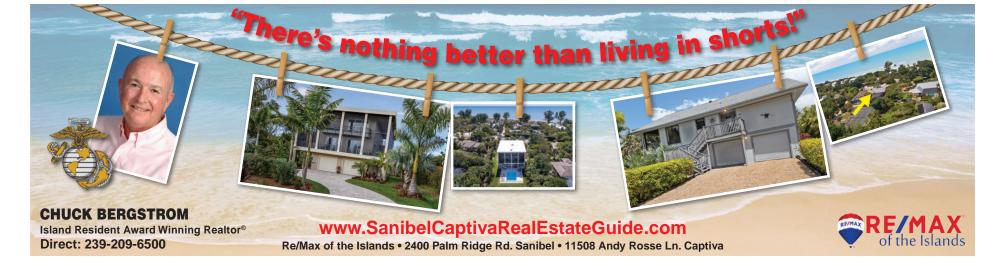
Howard Prager is the son-in-law of longtime columnist Ed Frank. Prager is a sports enthusiast from the Chicago area who also writes and blogs about leadership. Email comments or questions

SPORTS QUIZ

- 1. What caused Chicago Cubs slugger Sammy Sosa to spend time on the disabled list with a sprained lower back ligament in 2004?
- What sports video game, published by Nintendo in 1987, included athletes named Glass Joe, Soda Popinski, Don Flamenco and King Hippo?
- What sportscaster was "traded" from Disney's ESPN/ABC to NBC Sports in 2003 for intellectual property rights to cartoon character Oswald the Lucky Rabbit?
- 4. In 2004, businessman Bill Davidson became the first owner in American sports history to have two championship teams in the same calendar year. What were
- 5. The 1988 NFC Divisional Playoff game between the Philadelphia Eagles and the Chicago Bears at Soldier Field is popularly known by what moniker?
- What Miami Hurricanes defensive back broke up a Nebraska Cornhuskers two-point conversion pass attempt to seal the 31-30 upset win for Miami in the 1984 Orange Bowl?
- 7. What dominant Russian wrestler did American Rulon Gardner beat to win the Greco-Roman gold medal at the 2000 Sydney Summer Olympics?

ANSWERS

Tampa Bay Lightning. 5. The Fog Bowl. 6. Kenny Calhoun. 7. Aleksandr Karelin. I. Violent sneezing. 2. "Mike Tyson's Punch-Out!!". 3. Al Michaels. 4. The Detroit Pistons and



Hand Sanitizers: What To Buy And What To Avoid



by Suzy Cohen, RPh

ear Readers: As the country has opened up these past few months, I find myself carrying hand sanitizer with me. Hand sanitizers are a must if you

travel because they quickly eliminate 99.9 percent of germs (at least the ones tested), and you can carry these in your purse, or pocket, and keep in the car.

With the pandemic this year, hand sanitizers became instantly essential. A lot of sanitizers are capable of destroying certain pneumonia and influenza strains, Escherichia coli (E. coli) and methicillinresistant Staphylococcus aureus (MRSA) in seconds.

There's a reason sanitizers sell like hotcakes, but please be careful because some opportunistic business folks are now making a killing at your expense. They're formulating toxic garbage at home, and then selling it online to people. You cannot trust everything available right now.

On August 27, the Food and Drug Administration issued a new warning to consumers to make sure that we do not buy or use any hand sanitizers that contain "methanol" or "1-propanol."

Today, I'll list some of the safest commercial hand sanitizers on the market. Some of them are sprays, others are wipes, and so on. I've based my list below on the famous organization called EWG Skin Deep. They have a website by that name too. As to where you can purchase any of these, I'd suggest looking online, or asking your local

health food store manager. Here are my favorites.

Hero Wipes - These have alcohol and aloe in them, plus more. Each wipe is individually wrapped in a pouch to keep it sterile. They are pretty resilient if you are vigorous with them.

Elyptol Antimicrobial Hand Sanitizer - These come in wipes, gel and spray, so you can pick.

As you may have guessed from its name, the product boasts the use of natural eucalyptus, which reduces risk of contact dermatitis and provides a broad range of 'kill' properties.

Everyone Peppermint Citrus Hand Sanitizer - There are other scents aside from that one, but this brand offers another option utilizing alcohol (derived from non-GMO sugar cane), with aloe and glycerin so it won't feel as drying.

Organic to Green Lavender Lemon - This contains some alcohol along with glycerin, organic coconut, lavender and lemon peel oil. When I read the natural, but powerful ingredient list, I was jealous I hadn't thought of this formula myself,

Dr. Bronner's Lavender Hand Sanitizer – Another awesome product that is sold widely in health food stores, this brand utilizes the strength of Fair Trade ethanol along with organic peppermint oil and glycerin.

EO Hand Sanitizer Spray or Wipes - This is an easy-to-find brand that is great because it uses alcohol (sourced from non-GMO sugar cane), plus lavender essential oil, Echinacea herb (an antibacterial) and some glycerin.

Grove Collaborative Blood Orange Sanitizer – This product utilizes ethanol plus aloe, orange oil, coconut and sunflower seed oil, plus jojoba. This is an awesome combination, and one that will leave your hands feeling nourished. It also comes in lavender.

This information is not intended to treat, cure or diagnose your condition. Suzy Cohen is the author of The 24-Hour Pharmacist and is a registered pharmacist. To contact her, visit www. SuzyCohen.com.‡

Got A Problem? Dr. Connie Is In



by Constance Clancy

Q: I am a college graduate, and I have moved home with my parents for the summer. While it's good in ways, I feel so lost and full of anxiety as I have no idea what I am

doing for a job or where I am going. Is this normal?

A: I think it is safe to say that everyone is in a heightened state of anxiety now due to the pandemic and feeling so much uncertainty.

People's lives are changing, and you are no exception. With so much flux, it really makes it a challenge to come up with making any decisions. Any decision-making now is undeniably difficult. Although companies are hiring despite the unemployment rate, you might decide to take a year and do something out of your career field until life begins to stabilize. If you were planning to go to the city, you may want to rethink and decide on a smaller geographical area. It's important to be flexible and realize nothing is permanent.

Get a daily practice of some ways you will feel more resilient. When you get up in the morning, give gratitude for all that you do have. Take some deep breaths and start your day with calm. Offer to help around the house in any way and contribute what you can as a team player while living with your parents. Think about what you want to do with your day? Do you have an exercise routine, are you looking for local work or would you rather take the

It's good to write in a journal to get your feelings out. I would suggest this

prior to getting on with your day as it's cathartic.

Stay connected with your friends and, if nearby, make arrangements to see them as you can. Perhaps if they can drive to visit or you visit with them for a few days it would be a nice break for you.

Have heart-to-heart talks with your parents while you are living with them. I would think they would be very supportive and would welcome conversation. If you can have a daily meditation practice, this will help reduce your anxiety. It may also be helpful to seek some professional guidance so that you have an outside professional to talk with.

Remember to have some fun and enjoy this special time with your family.

Constance Clancy, EdD, LMHC, LPC, NCC is a licensed mental health therapist, hypnotherapist, author and holistic stress management instructor. If you have a question, email Constance at drconstanceclancy@ gmail.com or visit www. drconstanceclancy.com.☆

Grief Support Group Meetings

anibel Community Church is offering a GriefShare program in the Family Life Center on Tuesdays at 5 p.m. The program is open to anyone who has lost a loved one, and there is plenty of room for social distancing. Sessions feature a video, book, discussion and support.

Sanibel Community Church is located at 1740 Periwinkle Way. For more information, contact Maryelle Pavelka at 850-4221 or Robert Adams at 408-569-5440.\$

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Hospitality



by Kay Casperson

Sanibel and Captiva islands are two of the most sought after vacation spots for many people from all over the world. There are so many reasons that people are attracted to

our beautiful islands. From the beaches, the shelling, the weather, the family time, and the fantastic hospitality that everyone receives from the moment they arrive.

One definition of the word hospitality is the friendly and generous reception and entertainment of guests, visitors, or strangers. I know for sure that many of our establishments are experts in catering to locals and visitors every day of the year. They understand how important it is to treat each guest with impeccable service and appreciate the opportunity to do just that.

I know how important it is in my business to help people understand the message of living a balanced and beautiful life every day. We are blessed with the opportunity to reach out to individuals who live close by and travelers coming in to enjoy the beautiful surroundings that are exclusive to our islands. We take that



Raising a toast to my customers at last year's Luminary Night on Captiva

photo provided

very seriously by extending a warm welcome and the utmost respect and professionalism to each and every quest.

One of my favorite things has always been entertaining people and making individuals feel comfortable and relaxed. I love to entertain in my home, and I have brought this comfortable, welcome feeling into my spas, salons and boutique locations.

The hospitality industry has suffered a bit lately because of what we have

just gone through. Still, I do know in my heart that the industry is strong and resilient. People are also resilient and want to keep traveling and exploring. We see a strong sense of individuals and families that want to get out and enjoy the quality time together, the great outdoors, and everything that the islands offer in terms of nature and rejuvenation.

I hope you take the time to continue to appreciate and support the businesses that bring hospitality to you, your family and your community every day.

My affirmation for you this week is: "I will make a special effort to appreciate and support the businesses that work hard to help visitors and locals enjoy their beautiful life every day."

Kay Casperson is a beauty and lifestyle expert, founder and CEO of Beautifulife by Kay Casperson. She owns resort spas on Sanibel and Captiva islands and manufactures beauty and lifestyle products sold across the country. To stay inspired, visit www.kaycasperson.com or follow on social media @kaycasperson.

Doctor and Dietician

Five Practices To Be The Best Version Of You





by Ross Hauser, MD and Marion Hauser, MS, RD

The things you do shape you into becoming the person you are today. This begs the question, "Are your habits filling you with wisdom, compassion for others and joy?" If most of us are honest, there are things in our lives that we would like to change. The good news is that the year 2020 is more than half over. And, the other good news is that it is never too late to make changes. This process takes time, and we all face "giants" in our lives that can get in the way and cause us to self-destruct, sometimes without even realizing it.

Here are some things to think about: Care about what God thinks versus what other people think. Are you a "people-pleaser?" Do you want everyone to like you? Are you afraid of disagreements? The mindset of pleasing others can lead to exhaustion and a feeling of never being good enough. Pray for wisdom in each situation.

Build others up instead of tearing them down. Different and unique people and ways of thinking are part of what makes this a great country. Let's not be so quick to judge, criticize and label others just because we have differing opinions. Eliminate what gives you negative energy. Avoid criticizing others by not making assumptions and realize "it's not about you." Take a moment to walk in their shoes.

Speak positively to yourself instead of beating yourself up. Do you wake up and say things such as, "I am so fat, I'll never lose weight," or "I'm so stupid, I could never do that task." Or any version of "I can't...?" We can be our own worst enemies. Silence your inner critic and start looking at the miraculous unique creation that you are – totally loved by God and most likely many others as well.

As Nike says, "just do it!" If you are a perfectionist, you may also be a procrastinator – which really is just self-sabotage. You are never too young or too old to become all that God wants you to be. Ask for wisdom, set goals that are manageable and enlist an accountability partner.

Embrace change, even if it may involve failure – or for that matter – success. Fear only holds us back.

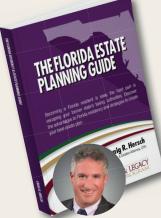
Take action. The time is now. This information is not intended to

This information is not intended to treat, cure or diagnose your condition. Caring Medical Regenerative Medicine Clinics has two locations: one in Oak Park, Illinois, and one in Fort Myers. It was established in 1991 by Ross Hauser, MD, and Marion Hauser, MS, RD. They can be reached at info@caringmedical.com.☆

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by Craig R. Hersch Florida Bar Board Certified Wills, Trusts & Estates Attorney, CPA & Island Sun Columnist

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PETS OF THE WEEK

photos provided

Lee County Domestic Animal Services

Hooch And Nile

'ello, my name is Hooch. I am an 8-yearold male mastiff, and I am a gentle giant. I will not only sit for a treat, but take it gently. My head is bigger than my body, and I like nothing more than to rest it on your lap for you to give me love. I am one of the Pets of the Day during Clear the Shelters, so my adoption



Hooch ID# A826203

fee is waived.

Hi, I'm Nile, a 3-month-old male domestic shorthair who was a shy guy when I first arrived here, probably because I came with two sisters that were more assertive. Now that they have been adopted, I have come out of my shell and am quite the character. I am also part of our Clear the Shelter promotion in August so my adoption fee is waived.

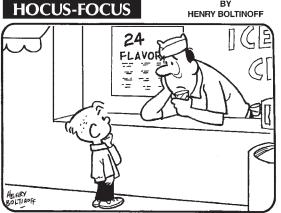


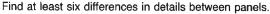
Nile ID# A823676

As always, cats and kittens are adopt one and get a feline friend at no additional charge.

Lee County Domestic Animal Services is located at 5600 Banner Drive in Fort Myers. Adoptions are available by appointment Monday through Saturday from 10 a.m. to 4 p.m. For more information, visit www.leegov.com/animalservices or call 533-7387.

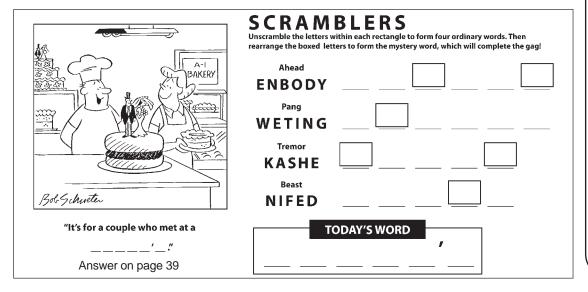
PUZZLES







Differences: 1. Picture has been added. 2. Boy's sleeve is different. 3. Man has a bow tie. 4. Napkin dispenser is larger. 5. Number of flavors has changed. 6. Partial window sign is missing.





NEWSPAPER
Sanibel & Captiva Islands
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Sanibel Police,
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Fire Department, Captiva 472-9494
Florida Marine Patrol
Florida Highway Patrol
Chamber of Commerce
City Council
City Building Department 472-4555 City Manager 472-3700
City Planning & Code Enforcement Department
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Angel Flight SE Audubon of SWFL Audubon Society Audubon Society Audubon Society Af72-3744 Bailey-Matthews National Shell Museum Af72-3745 Community Foundation of Sanibel-Captiva CT4-5900 COTI Committee of the Islands Community Foundation of Wildlife Af72-3644 Disabled Am Vets #108 (San-Cap Rep Ted Tyson) Help 211 Af72-6940 FISH OF SANCAP Neighbors Helping Neighbors Af72-4775 FISH OF SANCAP 24-hr service Af72-0404 Horticultural Society of the Islands Af72-6940 Horticultural Society of Sanibel and Captiva Af72-6940 Horticulture and Tea Society of Sanibel and Captiva Af72-6940 Kiwanis Club Af72-6940 Kiwanis Club Af72-6940 MOAA, Military Officers Assc. of America, Alex MacKenzie Af72-9332 Newcomers Af72-9332 Newcomers Af72-9332 Newcomers Af72-9332 Newcomers Af72-9332 Newcomers Af72-9332 Notre Dame Club of Southwest Florida Af72-0366 PAWS, Protection of Animal Welfare Society Af72-7257 or 472-0141 Sanibel Bike Club Sanibel-Captiva Power Squadron Sanibel-Captiva Power Squadron Sanibel-Captiva Power Squadron Sanibel Beautification Inc Af72-6940 Sanibel-Captiva Republican Caucus Af72-7257 Sanibel Historical Museum & Village Af72-7291 Sanibel Historical Museum & Village Af72-894 Af72-894 Sanibel Yuth Soccer Af72-894 Sanibel Yuth Soccer Af72-894 Sanibel Yuth
Angel Flight SE

37 Half of

38 Booty

tics

41 Snare

39 Otherwise

49-Across'

fight song

40 Census statis-

Super Crossword

ELEMENTAL RECOMPOSITION

ACROSS 1 Like Pisa's famed tower

- 8 On the mark 16 Dangle 20 Adequate for
- the job 21 1974 Billy Joel hit 22 Pastiche
- 23 Phone alert sound whose waves travel best through element #7?
- 25 Refuse to 26 Expert 27 Submission encl.
- 28 Disney sci-fi film of 1982 29 Ukulele's kin 30 Exams
- 33 Skyscraping 36 Instrument whose pipes are filled with element #18?
- 39 Opening bits 41 Classic Fords, briefly
- 43 Peddle 44 Mistake while trying to mine element #55?
- 46 Bargain on the export of element #82?

- 50 What some cuts do 51 Make cherished
- 53 City on the Alabama 54 With 32-Down
- nobody 57 Home of the philosopher Zeno 59 Oven knob
- 61 Swiss peaks 62 — Gay 64 Sideshow barkers
- peddling element 69 Munich loc.
- 70 I-75, e.g. 73 Heavy winds 74 Binary base
- 75 Expert 76 Cigar holder made from element #45?
- 80 It may follow 120 Half-moon-"Long time" 82 Chaplin of "Game of Thrones'
- 83 Sort of sword 84 Zero 88 — -Grain
- cereal bars 90 Harangue

who forge element #26? 98 Internal body parts

96 Dark film

- that have absorbed too much of element #47?
- 103 Floor cover 104 Tilting type 105 Crooked
- 106 Clog-clearing stuff found to have element 110 Reach over
- 112 Poets' Muse 113 Old Apple laptop
- 114 Impact noise 116 Floor cover 118 Mean dog
- 119 A.J. of Indy shaped deposit of element #34?
- 126 Deanna on the USS Enterprise 87 Not as much 127 Collectors of
 - lots of stuff 128 Dutch painter Jan
- 94 Peyotes, e.g. 129 Flabbergast

- 130 Rates about people 131 Unity
 - DOWN 1 Really
 - absurd 2 Not gendered, as a noun 3 Vouches for 4 "... — a
 - lender be" 5 Bit of NYSE news 6 Pesters a lot
 - 7 Wonderful 8 IRS filing mo. 9 Nero's 102 10 Is unable
 - 11 Not marked, as an exam 12 Turbine parts 13 In a crowd of
 - 14 Earthy shade 15 Austin-to-Atlanta dir.
 - 16 1991-2003 Vermont governor **17** See
 - 42-Down 18 Masked warrior in black
 - 19 Boarded 24 "How clever" 29 Links
 - 31 Like clans 32 See 54-Across 34 16-oz. units 35 Pet pests

- 37 Be hammy 86 Org. for free **38** Pro-learning speech 89 Using a pen org.
- 40 "Hook" pirate 91 Flabbergasts 42 With 92 Jorge's 17-Down "dav
- **93** Some 45 Actor Gibson annexes 95 Part of a fork 46 Secular 47 Orbital curve 97 Obsolete
- 48 Current units 99 Bigwig 100 One fleeing 49 Rodeo ropes 52 Vitascope a flood. inventor mavbe
- 54 Cocktail 101 Adjusts the pitch of of ain. vermouth again
- and Campari 102 Noisy 55 Sixty sleepers 104 Cry after minutes "Psst!."
- 56 Ontario's capital 58 Person quarreling

scram

- 60 Enactment 63 Meyers of "Think Big"
- **109** Rand 65 Raimi of film 66 Yale alum 67 Actor Sparks 68 Politico Paul
- **71** Voting day, often: Abbr. **72** More
- devoid 77 "Heck yeah!"
- 78 Prince, e.g. **79** 500 vehicles 81 Literary Twist
- 85 Women's patriotic gp.
- camera line 122 Suffix with strict 123 Orig. copies 124 State of furv

perhaps

107 Call off, as a

mission

mean?"

McNally

reference

111 Jorge's "new"

115 Goes kaput

117 Fed. agents

preceder

120 "Na Na"

121 Canon

106 Fissures

108 "What -

125 K-O center

King Crossword

ACROSS

- Early bird? Said "not
- guilty' 8 Molt
- 12 By way of 13 Emanation
- 14 Rent 15 Work unit
 - 16 Whirl 17 Long-billed wader
- 18 Sprinter's device
- 21 Many millennia
 - 22 Parcel of land 23 Allude (to)
- 26 Driver's license datum
- 27 Foundation 30 Out of control
 - "Oklahoma!" baddie 32 Stead
 - 33 Vat
- 34 Haw partner 35 Tureen acces-
 - 36 Prohibit 37 Emeril's
- shout 38 Extremely exciting
- 45 Plankton
- component 46 Love god 47 Dove's
- remark 48 Works with

- 50 Choose
- national? 53 "The Matrix" role
- **DOWN**
- 1 Prior nights 2 Encircle
 - 3 Lady -Cleric 5 Pea-family

Brockovich

- plant 6 Ms.
- 11 Dilbert's worksite
- 19 Stench
- 20 Go a few rounds 23 Snitch
- 24 Ostrich's cousin
- 25 Pass (off) 26 Total
- 42 PC picture 27 Auction action 43 "Unh-unh" 28 Wet wriggler 44 Attend
- 29 Payable

18 33 49 50 49 New Haven Hung 31 Football garb 8 Half a circus 32 Genie's home school clown's pair 34 Chapeau 51 Not so much Vagrant 35 Expires - The Red 52 Resorts inter- 10 36 Marchingband section

DISNEY CAT MAGIC MAZE NAMES

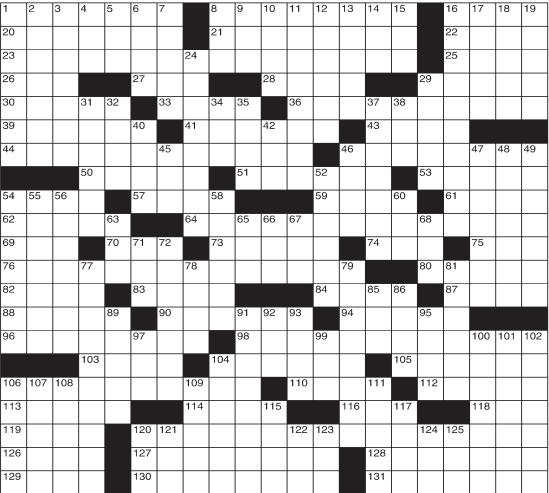
Q A X U Q N K H R E B Y V S P MJHEBYVTOQOLI BYWATNRPBMK I LRUASAF UMS OMSATEEHSKI CNSRFOKXWRJ Е S R Е Η Η \mathbf{C} YHCARGF CAGYWVTTSUGEORP NILKIHFIECLIHAB

TZYWVUABMISSFSR Find the listed words in the diagram. They run in all directions forward, backward, up, down and diagonally

Cheshire Cat Mittens Figaro Mufasa Lucifer Nala Mirage Rajah

Sabor Sarabi Sassv Scar

Sheeta Shere Khan Simba



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<u>Day</u>

Fri

Sat

Sun

Tue

<u>High</u>

FRIDAY Mostly Sunny High: 90 Low: 82

Redfish Pass Tides

3:04 am 8:30 am 3:05 pm 9:09 pm

3:19 am 9:11 am 3:46 pm 9:31 pm

3:40 am 9:55 am 4:32 pm 9:54 pm

4:35 am 11:42 am 6:37 pm 10:41 pm

5:13 am 12:53 pm 8:26 pm 11:03 pm

Low



<u>High</u>

SATURDAY Partly Cloudy High: 89 Low: 83

Low

<u>Day</u>

Fri

Sat

Tue

Wed



High

SUNDAY Partly Cloudy High: 92 Low: 82

2:09 am 8:32 am 2:10 pm 9:11 pm

2:24 am 9:13 am 2:51 pm 9:33 pm

2:45 am 9:57 am 3:37 pm 9:56 pm

3:10 am 10:46 am 4:31 pm 10:19 pm

3:40 am 11:44 am 5:42 pm 10:43 pm

4:18 am 12:55 pm 7:31 pm 11:05 pm

<u>High</u>

Point Ybel Tides

Low



Low

MONDAY Sunny High: 88 Low: 81

<u>Day</u>

Fri

Sat

Sun

Mon

Tue

Wed

<u>High</u>



Punta Rassa Tides

3:39 am 9:40 am 3:38 pm 10:04 pm

4:04 am 10:13 am 4:20 pm 10:28 pm

4:26 am 10:45 am 4:59 pm 10:46 pm

4:44 am 11:16 am 5:35 pm 10:59 pm

4:56 am 11:49 am 6:11 pm 11:11 pm

5:13 am 12:29 pm 6:49 pm 11:27 pm

5:40 am 1:26 pm 7:34 pm 11:49 pm

Low

TUESDAY Mostly Sunny High: 87 Low: 79

<u>High</u>



Low

WEDNESDAY Mostly Cloudy High: 89 Low: 82

<u>High</u>

<u>Day</u>

Fri

Sat

Sun

Tue

Wed



Cape Coral Bridge Tides

5:14 am 12:04 am 5:15 pm 11:46 am

5:29 am 12:25 am 5:56 pm 12:27 pm

5:50 am 12:47 am 6:42 pm 1:11 pm

6:45 am 1:33 am 8:47 pm 2:58 pm

7:23 am 1:57 am 10:36 pm 4:09 pm

8:10 am 2:19 am None 5:31 pm

<u>High</u>

Low

THURSDAY Mostly Sunny High: 92 Low: 83

Low

Thu	6:00 am	2:15 pm	None	None
M	y Sta	ars 7	**	**

Mon 4:05 am 10:44 am 5:26 pm 10:17 pm

FOR WEEK OF AUGUST 31, 2020

Aries (March 21 to April 19) This could be the time to try soothing whatever bad feelings might be lingering 'twixt and among colleagues, friends or family members. But be sure you do so without favoring any side.

Taurus (April 20 to May 20) An idea is only an idea until you put that clever Bovine mind to work to develop it from concept to substance. This could lead to something rewarding, both emotionally and monetarily.

Gemini (May 21 to June 20) The early part of the week could have some disconcerting moments, but approaching them with a calm, unruffled attitude goes a long way toward helping to get things nicely settled down.

Cancer (June 21 to July 22) Getting used to change continues to mark much of the week. But accepting what you have to do makes adapting that much easier. A welcome visitor could turn up sooner than expected.

Leo (July 23 to August 22) Learning how to live with a decision is a challenge, but one you Leos and Leonas could really enjoy. You'll also be pleased to see your

5:05 am 2:17 pm None social life take that upsurge you've been

hoping for. **Virgo** (August 23 to September 22) Use your perceptive Virgo instinct to help you see the positive aspects of what, at first, appears to be a disappointment. You could find that it proves to be quite the contrary.

Libra (September 23 to October 22) Your ability to maintain a balance between sense and sentiment once again helps you sort through apparently conflicting choices and ultimately arrive at the right decision.

Scorpio (October 23 to November 21) Before you seek the advice of colleagues about a potential career move, you might be better off getting counsel from someone who won't be affected by the choices you make.

Sagittarius (November 22 to December 21) It can be a challenging week for some relationships if the normal give-and-take flow changes with one side doing most of the giving and the other the taking

Capricorn (December 22 to January 19) A new opportunity could bring with it much anticipation along with some anxiety. Take time to sort out your options as well as your emotional considerations.

Aquarius (January 20 to February 18) Are you sure you have all the facts you

need to let that matter move to another level? Don't be rushed into a decision unless and until you feel it's the right thing

Pisces (February 19 to March 20) Pace yourself as you prepare to take on that more demanding project. Be careful not to let your energy reserves drain away. Take time to relax with people close to you.

Born This Week: You have the ability to see both sides of a situation. You would do well as a counselor or a judge.

NOW HERE'S A TIP

- Here's a budget stretcher: "Credit goes to my friend for this great butter extender. Whip 1 pound of softened butter and 1/2 teaspoon of salt. Slowly add 1cup of olive oil. Beat up to 5 minutes to add air and increase volume. Pour into two 1-pint containers and refrigerate. Economical, spreads like soft margarine, tastes great and you get the benefits of olive oil in a natural product." – SB, British Colombia, Canada
- Mix a quarter cup of salt in with two tablespoons of bath wash for a sudsy, refreshing, skin-soothing salt scrub.
- "Before I go to the beach, I freeze an ice-cube tray full of lemonade. Then, we use the cubes in our travel cups. It keeps the lemonade cool, and as it melts (which

tends to be quickly), it doesn't water down the drink." - KH in Myrtle Beach, SC

Mon 6:15 am 1:10 am 7:36 pm 2:00 pm

- Some tips for middle or high-school kids going back to school virtually: Have a designated workspace. This can be as simple as a large tray turned upside down and placed on the end of the bed with a storage ottoman to sit on. It will be better than trying to lay in bed and work.
- Mold on baked goods goes beyond what you can see. The mold puts out "feelers" that are invisible to the naked eye, so if you see mold on your muffin or bread, don't think that you can cut that part off and be done with it. To be safe, throw the whole thing away.
- "I needed an outlet on my porch, so I ran a long extension cord along the edge of the patio and fed it up into a piece of PVC pipe that was left over from a plumbing job. It holds the end of the cord at about outlet height. Whatever works!" VL in Arizona

STRANGE BUT TRUE

• In 2015. Godzilla was made an official resident of the Shinjuku ward of Tokyo. The "King of Monsters" was not only given Japanese citizenship, but also appointed as the ward's tourism ambassador.

continued on page 38

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Strange But True

- When Henri IV of France wed Maria de Medici in 1600, he could not actually be present for the ceremony. Instead, he sent a life-sized sculpture of himself... made entirely out of sugar.
- Knowing they might never return safely from the moon, Neil Armstrong and the Apollo 11 crew worried about the prospect of leaving their families without financial support, but couldn't take out

life insurance policies due to the extreme risks of their mission. Instead, they signed hundreds of autographs to be sold if they didn't make it home. Thankfully, those weren't needed, but still show up in space memorabilia auctions today, going for as much as \$30,000.

- Only two sports have been played on the moon - golf and the javelin throw.
- At a NOAA conference in 1972, civil and women's rights activist Roxcy Bolton proposed naming hurricanes after senators instead of women. She also preferred the term "him-i-canes."
- Hot air balloons can't be used in the rain because the water would boil from the heat, destroying the fabric.
- A donkey will sink in guicksand, but a mule won't.
- Like to lie back and watch puffy clouds drift lazily by in the summer sky? Bet you'd never guess that a single one weighs about 1.1 million pounds. Researchers calculated that staggering amount by multiplying a cloud's water density by its volume. So how do they manage to float? Simple: The air below them is even heavier.

THOUGHT FOR THE DAY

"Instead of letting anxieties and uncertainties fence off your life, they can become signposts showing you where to turn to do what really matters to you." - Mark Freeman

TRIVIA TEST

- 1. General Knowledge: Which activity uses terms such as baste, bias and selvage?
- Mythology: What are the Norns?
- 3. Ad Slogans: Which product uses the

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ANNUAL RENTAL

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- advertising slogan "Vermont's Finest"?
 4. **Geography**: What is the capital of
- New Zealand?
- 5. **Music**: Which Madonna song features a recitation of 16 cultural icons?
- 6. **U.S. States**: How many states begin with the letter "A"?
- 7. **History**: Who was queen consort to French and English kings in the 12th century?
- 8. Literature: Which 20th-century novel begins with the line, "All children,
- except one, grow up"?

 9. **U.S. Presidents**: Which president detested broccoli and banned it from his meals?
- 10. Animal Kingdom: What is a group of crabs called?

TRIVIA ANSWERS

Arkansas 7. Eleanor of Aquitaine 8. Peter Pan 9. George H.W. Bush 10. A cast 3. Ben & Jerry's ice cream 4. Wellington 5. Vogue 6. Alabama, Alaska, Arizona and 1. Sewing 2. Norse goddesses of fate

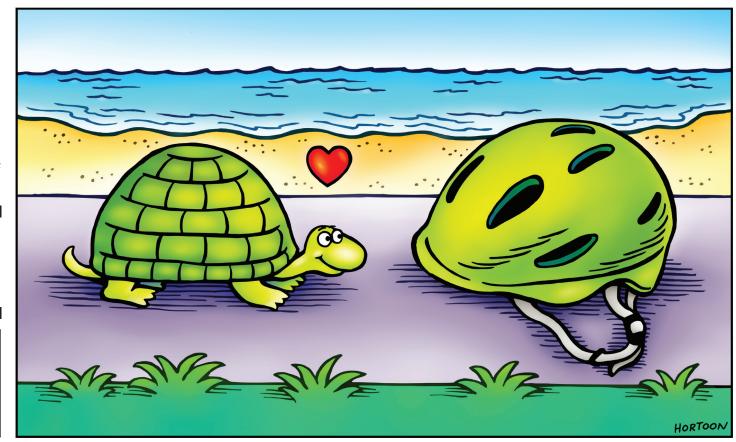
SCRAMBLERS ANSWER

1. Record 2. Propel; 3. Yield; 4. Pseudo

Today's Word

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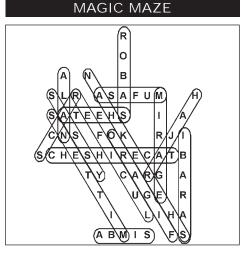
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PUZZLE ANSWERS

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SUDOKU

Top 10 Real Estate Sales

Subdivision	City	Year Built	Square Footage	Listing Price	Selling Price	Days On Market
Captiva Beach	Captiva	2002	3,418	\$1,995,000	\$1,725,000	222
Ibis Cove At Bonita Bay	Bonita Springs	1998	3,923	\$1,750,000	\$1,676,000	145
Sabal Shores	Fort Myers Beach	2011	3,871	\$1,475,000	\$1,375,000	239
Jose's Hideaway	Upper Captiva	1996	2,365	\$1,285,000	\$1,095,000	334
Town And River	Fort Myers	1981	4,167	\$1,280,000	\$1,280,000	0
Edgewater	Fort Myers	1996	3,728	\$1,200,000	\$1,200,000	111
Bonita Beach	Bonita Springs	2007	2,472	\$1,195,000	\$1,150,000	362
Savona	Cape Coral	2011	3,572	\$1,049,900	\$925,000	149
Cape Coral	Cape Coral	1974	4,255	\$999,900	\$950,000	261
Cape Coral	Cape Coral	2001	3,746	\$995,000	\$950,000	76



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